



SOUTHVILLE INTERNATIONAL SCHOOL AFFILIATED WITH FOREIGN UNIVERSITIES

SPB Issue No. 10 | ACADEMIC YEAR: 2025 – 2026 | October

STUDENTS AND PARENTS' BULLETIN

Senior High School

THE HAUNTING: OUTLAST 2025



VISION

SISFU will be the leading transnational university that develops global leaders and professionals. It is distinguished by its excellent academic standards, outstanding instructional methodologies, relevant research, high levels of student achievement, a culture of innovation, and strong partnerships with ranked educational institutions. Its graduates are sought after by top national and global organizations.



MISSION

SISFU, the premier transnational university in the Philippines, delivers globally-relevant quality undergraduate and graduate programmes developed by accredited educational partners from the UK, Australia and the USA. Using rigorous international standards in instruction, assessment and research, and supported by excellent facilities, highly-qualified faculty and industry collaboration, SISFU prepares students to be globally competitive, competent professionals, successful entrepreneurs, leaders and movers of society.

Last October 24, 2025, the halls of SISFU transformed into a realm of fright and fun as the Student Council, in collaboration with the different student organizations, spearheaded “The Haunting” – a Halloween-themed event that showcased imagination, artistry, and collaborative spirit across the SISFU community.

In a true display of teamwork, students from various programs came together to design and construct their own terrifying rooms, each one uniquely crafted to send chills down the spine of every brave visitor. From eerie sound effects and dim lighting to haunting storylines and live actors, every corner reflected the participants’ creativity, dedication, and attention to detail.

More than just a Halloween celebration, The Haunting was a culmination of teamwork, planning, and execution. Student leaders and volunteers took charge of the entire experience – from conceptualizing themes and designing sets to managing logistics and ensuring safety – all while maintaining the thrill of the scare.

Faculty members, staff, and students alike commended the effort and artistry poured into every element of the event. The haunting visuals, spine-tingling performances, and immersive atmosphere perfectly captured the spirit of Halloween while highlighting the exceptional talents of SISFU’s young minds.

Beyond the screams and laughter, The Haunting embodied what SISFU stands for – innovation, collaboration, and excellence. The event united students from different departments and organizations, proving that when the community works together, they can turn even the scariest ideas into an unforgettable success.

As the night drew to a close, everyone celebrated not only the fun of Halloween but also the strength of creativity, teamwork, and school spirit. Indeed, SISFU’s The Haunting 2025 was a thrilling success – an event to remember, and a hauntingly good time for everyone involved!





SHS Chucky Charms: Test Your Fate!



Chucky Charms: Test Your Fate! Showcases SHS Teamwork and Creativity

During SISFU's Halloween celebration, the Senior High School students brought back one of their most anticipated attractions – "Chucky Charms: Test Your Fate!" This spooky-themed booth combined creativity, teamwork, and entrepreneurship, reflecting the dedication and initiative of the SHS Society officers and volunteers.

Organized and managed entirely by the SHS community, Chucky Charms: Test Your Fate! offered a range of snacks and drinks that appealed to students, teachers, and guests throughout the event. The booth drew steady attention, serving as a space where visitors could relax, enjoy light refreshments, and take part in the Halloween festivities after exploring The Haunting.

The success of the booth reflected the students' planning, collaboration, and practical application of business concepts. From designing the layout and managing sales to engaging customers, the SHS officers and volunteers worked together efficiently, demonstrating both creativity and professionalism.

Beyond achieving good sales, Chucky Charms: Test Your Fate! served as a meaningful learning experience – one that strengthened teamwork, highlighted student leadership, and encouraged a sense of community spirit among the SHS members.



Miss Earth 2025 Preliminary Interview



Miss Earth 2025 at SISC and SISFU: A Celebration of Advocacy and Empowerment

On October 24, 2025, the stunning and purpose-driven candidates of Miss Earth 2025 visited Southville International School and Colleges (SISC) and Southville International School Affiliated with Foreign Universities (SISFU) for their Preliminary Interviews and a fellowship lunch that celebrated beauty, purpose, and education.

The day began at SISC, where the Miss Earth delegates showcased not only their beauty but also their intelligence, advocacy, and commitment to environmental causes. Through their interviews, the candidates demonstrated confidence, awareness, and a genuine passion for creating a sustainable future.

Following the interviews, the queens were warmly welcomed at SISFU for a fellowship lunch hosted by the institution. Students and faculty had the opportunity to interact with the candidates, sharing conversations, laughter, and inspiration. The event fostered meaningful connections and highlighted shared values of leadership, global citizenship, and environmental responsibility.

The visit of the Miss Earth 2025 candidates to SISC and SISFU was more than a glamorous occasion—it was a celebration of advocacy, education, and collaboration that inspired everyone to make a difference.





IXL Weekly Spotlight: Top 3 Achievers



Celebrating Excellence: SHS Students Surpass Weekly IXL Targets

Congratulations to our hardworking Senior High School students for exceeding their weekly IXL targets! Your dedication to continuous learning and excellence truly reflects the SISFU spirit.

A special shoutout to our **Top 3 achievers** who went above and beyond this week:

- 1 **DELOS SANTOS, Audrina Blair**
- 2 **AYALA, Reden Anthony A.**
- 3 **DIGA, Chloe D.**

Your consistency and effort in mastering skills through IXL show that learning goes beyond the classroom—it's about discipline, curiosity, and the drive to improve every single day.

Keep up the great work, SHS learners! Your commitment to growth and achievement continues to inspire the SISFU community to aim higher every week.



DofE Orientation Brings Parents Onboard



DOFE
DUKE OF EDINBURGH'S INTERNATIONAL AWARD
ORIENTATION
THURSDAY, OCTOBER 23
2025

Proud to deliver
THE DUKE OF EDINBURGH'S INTERNATIONAL AWARD

On October 23, 2025, SISFU held its **Duke of Edinburgh's International Award (DofE) Orientation**, marking another milestone in promoting holistic and experiential learning. The session introduced students and parents to the globally recognized youth development program that nurtures **leadership, resilience, and community involvement**.

Facilitated by **Mr. Gio Pastor**, the orientation provided an overview of the program's goals, structure, and various award levels. Participants learned how students can earn recognition through activities in skills development, physical recreation, voluntary service, and adventurous journeys – all designed to **build confidence and character**.

Parents also had the opportunity to engage with program facilitators, gaining a clearer understanding of how the **DofE** aligns with SISFU's commitment to student growth beyond academics. The discussion emphasized the importance of collaboration between home and school in supporting participants throughout their DofE journey.

The event concluded with enthusiasm and anticipation as students and parents expressed excitement to begin this new chapter of self-discovery, leadership, and achievement. The **DofE Orientation 2025** truly reflected SISFU's dedication to developing globally competent, well-rounded learners ready to make a difference.



CALENDAR OF ACTIVITIES



**DON'T
FORGET**

October 27, 2025

Start of Midyear Break

November 3, 2025

Resumption of Classes

November 7, 2025

CPAR Exhibition

November 7, 2025

SEL Workshop Series No. 2:
Emotional Regulation and Mindfulness
(Grand Mentoring)

November 3-7, 2025

Term 1 Final Assessments

November 10-14, 2025

Term 1 Completion of Requirements





PALADINS' PAGE



What is one key insight you gained from the Workshop Series No. 1: Mental Resilience and Self-Care Practices?

A key insight I gained from the workshop includes learning how to bounce back and understand our emotions.

-Sophia Leonardo

It's okay to have self-care or feel hate.

-JC Roman

I learned that it is important to know how to identify our feelings, and how to manage them.

-Brian Bulaklak



VALUE OF THE WEEK



Taking Responsible Action towards Sustainability and Collective Wellbeing



"No matter your role, you have the power to create change."

Karin Ekberg

In this TEDx talk (at TEDxErasmusUniversityRotterdam), Karin Ekberg explains how leadership plays a pivotal role in fostering sustainability. She shares five core principles – such as embedding sustainability into business strategy, integrating it across operations, and making the business case – to help leaders act responsibly and contribute to collective wellbeing.

**SCAN
ME**





SOCIO-EMOTIONAL LEARNING CORNER



Staying on Track: Building Balance and Focus Through Study Management

Why it Matters:

In school and in life, it's easy to feel overwhelmed by multiple responsibilities – just like managing many projects at once. Learning how to stay organized, prioritize tasks, and maintain an overview helps students take control of their learning instead of being controlled by stress. When you plan, review, and adjust regularly, you build self-discipline, resilience, and confidence. These skills go beyond academics – they prepare you to manage real-life challenges, make better decisions, and balance priorities effectively.

SEL Focus Skills

- **Self-Management** – Develop the ability to organize, plan, and manage your time to meet goals efficiently.
- **Responsible Decision-Making** – Learn to prioritize what matters most and make smart choices about where to invest your effort.
- **Self-Awareness** – Recognize your strengths and areas for improvement so you can study in ways that work best for you.
- **Goal-Setting and Reflection** – Set clear academic goals, track your progress, and adjust when needed.
- **Stress Management** – Maintain balance by preventing overload and finding healthy ways to stay focused and calm.

Practical Tips for Students

- **Prioritize Wisely** – Focus on tasks that are most important and urgent to stay on top of deadlines.
- **Keep an Overview** – Use a planner, calendar, or digital board to visualize all your assignments and progress.
- **Balance Your Workload** – Spread your study time fairly among subjects based on difficulty and priority.
- **Review Regularly** – Check your progress each week and adjust your plans when needed.

SCAN
ME





MEDICAL CORNER



What is Influenza?

Influenza is a contagious respiratory illness caused by flu viruses, it affects the nose, throat, and sometimes the lungs.



How to Protect Yourself:

- Get vaccinated — wash hands often and avoid touching your face.
- Stay home if you feel sick — especially in younger students)

Flu Season Is Here— Protect Yourself and Your Classmates!

Get vaccinated — more students get vaccinated — it's the best protection against flu viruses.



How to Protect Yourself:

Sometimes vomiting o/r diarrhea (especially in younger students)



When to See a Doctor:

- Persistent high fever (above 38.5°C)
- Difficulty breathing or chest weakness

When to See a Doctor:



Flu Smart Habits



STUDY HABITS



The project portfolio matrix: How to maintain an overview

- **Prioritize wisely** – Focus on the most important and urgent tasks first to stay on top of deadlines.
- **Keep an overview** – Use a planner or digital board to visualize all your subjects, tasks, and progress.
- **Balance your workload** – Distribute time fairly among subjects based on difficulty and importance.
- **Review regularly** – Check your progress each week and adjust your focus where it's needed most.
- **Stay organized** – Update your task list and materials often to maintain a clear study overview.
- **Reflect and improve** – Assess what study methods work best and refine your approach every term.





SHS HANDBOOK ACKNOWLEDGEMENT

As part of our commitment to ensuring that all members of our school community are well-informed of the guidelines, policies, and standards of conduct, we require all students to accomplish the Student Handbook Acknowledgement Form. This confirms that both students and parents have read and understood the contents of the Student Handbook.

To make the process more convenient, we have provided a QR code that will direct you to the online acknowledgement form. Please scan the QR code using your mobile device and submit the completed form within the given deadline.

Once you have submitted the form, kindly upload a screenshot of your acknowledgement by scanning the second submission QR code provided. This will serve as confirmation that you have successfully completed the process. Your cooperation is essential in fostering a respectful, safe, and productive learning environment. Thank you for your continued support.



FORM



FORM FOLDER



SENIOR HIGH SCHOOL HIGHLIGHTS



PALALADINS





SHS VARSITY JACKET



Wear the Paladin Spirit. Live the Legacy.

Gear up, SHS! The Society Varsity Jacket is finally here—more than just a jacket, it's a badge of pride and community. Get yours now and show off your SHS Paladin pride in style!



ORDER NOW



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SIZE	CHEST	BODY LENGTH
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S	21"	26.5"
M	22"	27.5"
L	23"	28.5"
XL	24"	29.5"
2XL	26"	31.5"
3XL	27"	32.5"



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ARE YOU THE NEXT SISFU SCHOLAR?

Join the Global Dimensions Olympiad 2026

November 15, 2025 | 8:00 AM – 12:00 NN
at Southville Campus

Requirements:
Application Form
500-word essay
Recent Report Card

REGISTER NOW



SISFU SENIOR HIGH SCHOOL

Where Students Thrive

ACKNOWLEDGEMENT FORM



Please acknowledge receipt of this Students and Parents' Bulletin by scanning the QR code.



Southville

SENIOR HIGH SCHOOL DEPARTMENT

JOHN GEORGE P. PASTOR

SHS Principal
Allied Programmes Head



JOHN PATRICK JAVIER

SHS Faculty Member
SHS & Allied Programmes Coordinator

You may reach us through:

sisfu_shsprincipal@southville.edu.ph | 8-820-91-81 Loc. 211 | 0998 844 7762

SOUTHVILLE INTERNATIONAL SCHOOL AFFILIATED WITH FOREIGN UNIVERSITIES
UK DEGREES IN THE PHILIPPINES. YOUR GLOBAL FUTURE IS WAITING!
sisfu.edu.ph | enquiry@southville.edu.ph

