



SOUTHVILLE INTERNATIONAL SCHOOL AFFILIATED WITH FOREIGN UNIVERSITIES

SPB Issue No. 13 | ACADEMIC YEAR: 2025 – 2026 | November

STUDENTS AND PARENTS' BULLETIN

Senior High School

THE SYNERGY: SISFU SHS FUN FEST 2025



VISION

SISFU will be the leading transnational university that develops global leaders and professionals. It is distinguished by its excellent academic standards, outstanding instructional methodologies, relevant research, high levels of student achievement, a culture of innovation, and strong partnerships with ranked educational institutions. Its graduates are sought after by top national and global organizations.



MISSION

SISFU, the premier transnational university in the Philippines, delivers globally-relevant quality undergraduate and graduate programmes developed by accredited educational partners from the UK, Australia and the USA. Using rigorous international standards in instruction, assessment and research, and supported by excellent facilities, highly-qualified faculty and industry collaboration, SISFU prepares students to be globally competitive, competent professionals, successful entrepreneurs, leaders and movers of society.

Bringing Paladins Together: The Synergy – SHS Fun Fest 2025

The SISFU Senior High School community gathered for a vibrant and joy-filled celebration during **The Synergy: SHS Fun Fest 2025**, proudly hosted by the Grade 12 students. Their leadership and teamwork set the tone for a day filled with unity, school spirit, and the excitement of Filipino games with a competitive twist.

Students enjoyed a lineup of classics—**Langit-Lupa, Zone War, Freeze Tag**, and even a creative twist with **The Floor Is Lava while playing basketball**—each game bringing energy, strategy, and lots of laughter. Snack breaks throughout the day gave students time to recharge and bond with classmates, adding warmth to the lively atmosphere.

The Fun Fest was electric, filled with cheers, bright smiles, and unforgettable moments. More than just games, **The Synergy** highlighted the heart of the SISFU SHS community: collaboration, camaraderie, and the joy of coming together.

Thanks to the thoughtful planning of the Grade 12 hosts, **The Synergy: SISFU SHS Fun Fest 2025** became a memorable celebration of teamwork, play, and school pride.

The event also served as a refreshing break from the academic routine, giving students a chance to move, compete, and express their school spirit in full color. These moments reminded everyone that learning also happens outside the classroom—through connection, sportsmanship, and shared experiences.

As the day came to a close, students left with tired feet but full hearts, carrying memories that captured the essence of what it means to be a **SHS Paladin**. The Synergy didn't just strengthen friendships—it brought the entire SISFU SHS community together in the best way possible.





GRADE 12 CULMINATING ACTIVITY: CELEBRATING THE END OF TERM 1



The SHS Grade 12 students marked the end of Term 1 with a simple yet meaningful culminating activity filled with food, conversations, and connection. To celebrate their hard work and accomplishments, the students gathered and enjoyed a meal together, creating a relaxed and joyful atmosphere where everyone could unwind.

More than just sharing food, the activity became a moment for students to chat, catch up, and strengthen friendships after a busy term. Laughter, stories, and reflections filled the room as they looked back on their achievements and challenges throughout the past months.

As the gathering came to a close, the Grade 12 community looked ahead with renewed excitement. The culminating activity not only celebrated the conclusion of Term 1 but also welcomed the beginning of Term 2 with positivity, gratitude, and a stronger sense of unity.





SISFUN HOUSE CUP 2025



SISFUN HOUSE CUP

Basketball Tournament

GAME 1 RESULTS



GOLDEN GRIFFINS

VS



WHITE FOXES



MAROON DRAGONS

VS



WHITE FOXES



GOLDEN GRIFFINS

VS



MAROON DRAGONS

HOSTED BY

Blue  Titans





SISFUN HOUSE CUP



SOUTHVILLE INTERNATIONAL SCHOOL
AFFILIATED WITH FOREIGN UNIVERSITIES
STUDENT SUPPORT CENTER - STUDENT AFFAIRS AND SERVICES



SISFUN HOUSE CUP

Volleyball Tournament

24 NOVEMBER | 4:00 PM - 6:00 PM
SISFU GYM

HOSTED BY

Blue  *Titans*





SISFUN HOUSE CUP



Volleyball GAME SCHEDULE



MAROON DRAGONS

GAME 01
4:00-4:30 PM

VS



GOLDEN GRIFFINS



WHITE FOXES

GAME 02
4:30-5:00 PM

VS



GAME 01 WINNER



GAME 01 LOSER

GAME 03
5:00-5:30 PM

VS



GAME 02 LOSER





CLASS SCHEDULE & STUDENT ACCESS KITS



FACE TO FACE SCHEDULE



Kindly scan the QR code provided to access and view your class schedule conveniently. Make sure to check the details carefully so you can stay updated and prepared for your classes.

Class Schedule

Kindly scan the QR code provided to access your Student Access Kit conveniently. Inside, you will find the Moodle course access codes and links for your subjects.



Student Access Kit



CLASS SCHEDULE & STUDENT ACCESS KITS

FLEX SCHEDULE



Kindly scan the QR code provided to access and view your class schedule conveniently. Make sure to check the details carefully so you can stay updated and prepared for your classes.

Class Schedule

Kindly scan the QR code provided to access your Student Access Kit conveniently. Inside, you will find the Moodle course access codes and links for your subjects.



Student Access Kit



CALENDAR OF ACTIVITIES



**DON'T
FORGET**

November 24, 2025

Opening of Term 2 | SISFUN House Cup Volleyball Games

November 28, 2025

Write Right no. 2: Citing Sources Effectively

December 2, 2025

Launching of the SGEN Stock Trading Competition

December 3, 2025

Christmas Cheers!

December 5-6, 2025

SISFU Christmas Bazaar and Open House

December 6, 2025

Kaleidoscope Benefit Concert

December 9, 2025

Generation Global Video Conference

December 11, 2025

Rotaract Christmas Drive

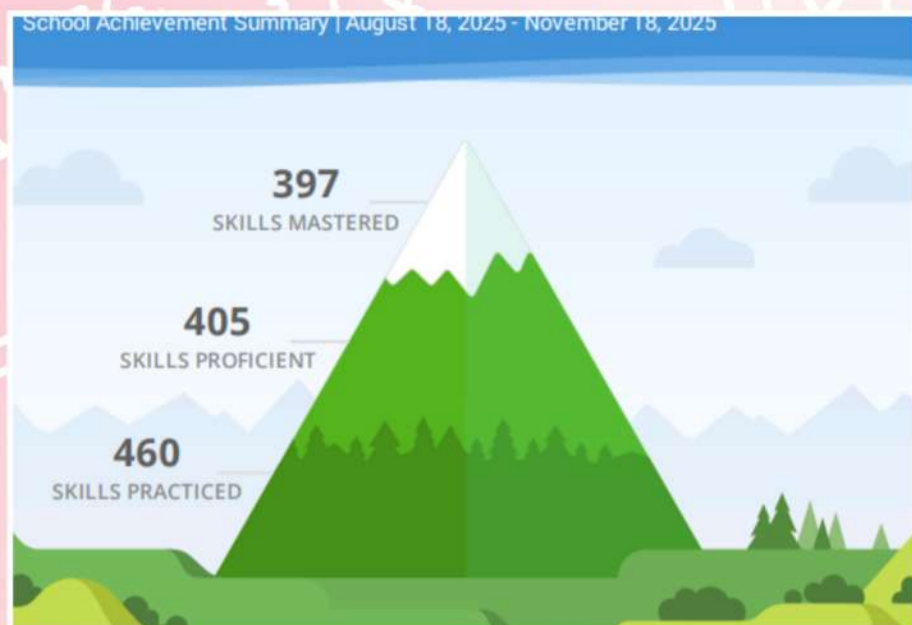
December 12, 2025

SGEN Academic Olympiad





BUILDING MASTERY: GRADE 11'S IXL JOURNEY



From August 18, 2025 to November 18, 2025, our Grade 11 students demonstrated remarkable dedication and academic growth through their use of the **IXL learning platform**. Their engagement reflects a strong commitment to mastery, improvement, and independent learning.

During this period, Grade 11 learners collectively mastered **397 skills**, achieved proficiency in **405 skills**, and practiced a total of **460 skills** across the different subject areas. These accomplishments clearly show how actively they are strengthening their foundations and challenging themselves to reach higher levels of understanding.

Their effort is further highlighted by the **220** total hours they spent on the platform—**176** hours at school and **44** hours at home—proving that learning continued even outside the classroom. Altogether, Grade 11 students answered an outstanding **16,689 questions**, each one bringing them closer to mastery and confidence in their academic journey.

These achievements showcase the **Grade 11** cohort's commitment to excellence and serve as a testament to how IXL supports their personalized learning. We are proud of their perseverance and celebrate this milestone as they continue to grow and succeed throughout the term.



Students Begin Their DofE Journey



SISFU Paladins Embark on the Duke of Edinburgh's Award Journey

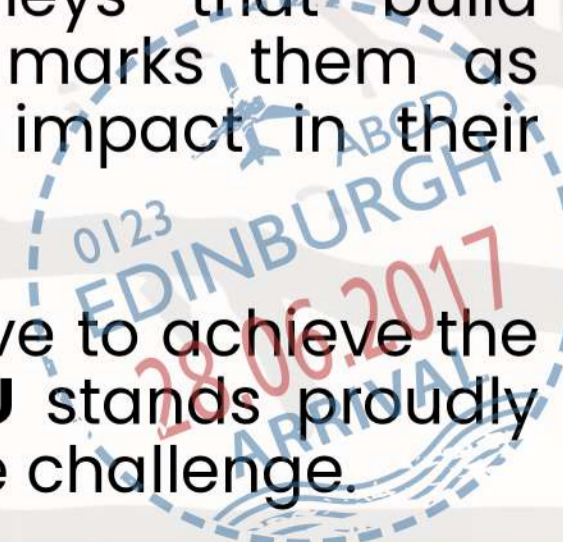
SISFU Senior High School students have officially embarked on an exciting journey of leadership, service, and personal growth through the **Duke of Edinburgh's International Award (DofE)**. This globally recognized program challenges young people to develop **resilience, initiative**, and a **spirit of adventure**—qualities that prepare them for success both inside and outside the classroom.

This year, the following students have proudly taken on the challenge:

- Austin Phoenix Alviento
- Psalm Borines
- Brian Bulaklak
- Andrius Datingguino
- Crystoph Paculan
- Jan Vives

By participating in the **DofE**, they commit to honing new skills, embracing physical fitness, engaging in meaningful community service, and conquering adventurous journeys that build confidence and character. Their dedication marks them as emerging leaders ready to create positive impact in their communities.

Let's wish them well in their journey as they strive to achieve the prestigious **Duke of Edinburgh's Award**. **SISFU** stands proudly behind them as they take on this transformative challenge.





TERM 1 ACTIVITY SURVEY RESULTS



SHS Term 1 Activities: A Survey of Success



We are pleased to share the results of our Term 1 Activity Survey, reflecting the feedback of all Senior High School students who joined our events. Your voices truly inspired us. We achieved an exceptional average rating of **4.96**, surpassing our target of 4.3. This shows the strong impact and quality of our activities throughout the term.

Each event was planned with care, and your high ratings affirm our efforts to make learning engaging and enjoyable. Your feedback motivates us to keep creating experiences that build growth, teamwork, and school spirit. As we move into the next term, we look forward to offering even more meaningful and memorable activities for our SHS community.



TERM 1 MOODLE AUDIT RESULTS



Term 1 Moodle Audit Results: A Commitment to Quality

MOODLE AUDIT RATING

5.00

Target: 5.00

We are pleased to share the results of our **Term 1 Moodle Audit**, reflecting our commitment to maintaining a well-organized, effective, and student-friendly learning platform.

We achieved a perfect score of **5.00**, meeting our target of 5.00. This outstanding result showcases our consistent efforts to uphold quality standards and ensure that our Moodle classrooms remain clear, complete, and ready to support learning.

This accomplishment highlights the dedication of our SHS teachers in keeping their courses updated and aligned with academic requirements. Your continued diligence ensures that students have smooth access to lessons, resources, and assessments.

As we move forward, we remain committed to maintaining this level of excellence and ensuring that our virtual learning environment continues to be reliable, structured, and supportive for all our Senior High School students.



PALADIN'S PAGE



Not Artificially **Sophia Eunice S. Leonardo**

Rapid evolution took place when humans decided to act upon all of our curious thoughts, when our hunger reached far past sustenance. We tackled efficiency, safety, and accessibility through centuries, recently innovating one multifaceted thing to fasten and enhance all our actions: artificial intelligence. As people, are we truly permitting the risk to anchor the possibility of building a world where we no longer have a place in?

Consideration and effort, once a natural aspect of human nature, is now a responsibility. Artificial intelligence is programmed to listen and do within defined restricted limits – it will not pay attention to any other detail unless mentioned. Yet, there are details people experience that are difficult to

explain but felt tangibly nonetheless – explaining some of our actions and decisions. Say in service oriented systems like help centers for faulty products and services, AI can only solve the problem if it's within the set problems they were asked to solve, but if a new one arises they will be redundant with their set solutions and offer something relatively close. If asked directly to a person with experience, they'll be able to consider much more familiar factors for your situation in connection to the severity of the problem, taking the personalized efforts to resolve it; the way doctors initially question, "How do you feel? What's your lifestyle?"

These responsibilities necessitates honesty and creativity to be sustained amidst the growing daily integration of AI. In potential scenarios of failures or success, we need to hold someone accountable to improve or maintain. In moments where artificial intelligence falters from overuse or system errors, it's crucial to continuously develop human capability to still have something certain to fall back on as the majority are becoming reliant on it – forgetting it was also made by people who are not perfect.

Artificial intelligence began to have a role instead of being a supportive tool in society. It's now harnessed for its capabilities to mass-produce ideas, strategies, and art. All this, reduces our humanness. How else must we function when time to understand and oversights are almost seen in equilibrium to punishable, devastating crime? Before AI, innovated electricity and analyzed energy underwent experiments consisting of mistakes and time. Surely programmers recalibrated their blunders and gaps for years before establishing a nearly ideal model of artificial intelligence. It has bolstered productivity and pushes us faster to the goal, yet it's our responsibility to control pacing, because its consequences will be experienced by us consumers.

Some might argue that artificial intelligence is adaptable, and while it may learn to balance out its own behaviour in connection with the outcomes, it still lacks innate qualities only humans possess. Feeling emotions and slowing down is not detrimental to the fast-paced operations in society, it's an opportunity to reflect and soon come up with even better solutions or manners in which something can be handled. People have these ethical responsibilities to uphold for AI to benefit rather than harm, because in totality, we care deeply.





VALUE OF THE WEEK

Completing Tasks with Perseverance and Discipline



“Adversity doesn’t discriminate ... If you are alive, you will deal with some tough times.”

Lucy Hone

In this talk, Lucy Hone shares her personal journey of loss and how she applies resilience-research to real life. She emphasizes that challenges are inevitable, but how we respond to them determines whether we grow. She unpacks three key strategies resilient people use: accepting adversity, focusing attention intentionally, and asking whether their actions are helping or harming.

These ideas strongly connect to welcoming challenges as opportunities to learn, adapt and develop resilience – not just endure them.

**SCAN
ME**





SOCIO-EMOTIONAL LEARNING CORNER



Embracing Challenges: Building a Love for Learning and Lasting Resilience

Why it Matters:

Welcoming challenges helps students develop a deeper love for learning and strengthens their ability to bounce back from difficulties. When we face obstacles with curiosity rather than fear, we grow more confident, capable, and resilient. Embracing challenges encourages learners to step outside their comfort zones, discover new skills, and build perseverance. This mindset not only enhances academic growth but also prepares students to navigate real-life situations with courage and adaptability.

SEL Focus Skills

- **Growth Mindset** – Believe that abilities can improve through effort, practice, and learning from mistakes.
- **Resilience** – Respond to setbacks with determination and see challenges as opportunities to learn.
- **Curiosity & Engagement** – Approach new tasks with interest, openness, and a desire to explore.
- **Emotional Regulation** – Manage frustration or stress when tasks become difficult, staying calm and focused.
- **Self-Motivation** – Take initiative, remain driven, and continue learning even when the work is demanding.

Practical Tips for Students

- **Embrace “Productive Struggle”** – Allow yourself to work through challenges; they help your brain grow.
- **Reflect on Your Progress** – Notice how overcoming a challenge makes you stronger and more confident.
- **Use Positive Self-Talk** – Replace “I can’t do this” with “I can learn how to do this.”
- **Support Each Other** – Share strategies with classmates; learning becomes stronger when done together.

SCAN
ME





PALADINS' PAGE



WHEN IN YOUR DAILY LIFE DO YOU THINK MINDFULNESS COULD HELP YOU THE MOST? WHY?

Jan Matthew Vives

Grade 11 - ICT



I do think mindfulness can really help in the long run. There are times where we go through hardships, and we should always have a way to relax and de-stress from these struggles. Being healthy is important, both physically and mentally. Mindfulness helps us maintain our mental health.

Zane Tinimbang

Grade 11 - ICT

Self-control— why? It's because when you can control your inner desires, to not give in to instant-gratification— it will guide you throughout your life, to not make impulsive decisions where you regret them and they can no longer be overturned.





MEDICAL CORNER



INSOMNIA

Insomnia is when you experience disruptions in how you feel or function because you aren't sleeping well or sleeping enough.

About 10% of the world's population experience insomnia that qualifies as a medical condition. It's usually not dangerous, and there are many ways — including medications and mental health options — to treat it.



**READ
MORE**



STUDY HABITS



The feedback analysis: How you can learn to evaluate your own work

- **Pause and assess your work**—know what you did right and what needs work.
- **Measure yourself against clear standards** to see exactly where you stand.
- **Track your patterns** so you can break bad habits and strengthen good ones.
- **Seek meaningful feedback** that pushes you to grow.
- **Set intentional goals** so every task becomes a step toward improvement.





SENIOR HIGH SCHOOL HIGHLIGHTS



PALADINS





SENIOR HIGH SCHOOL HIGHLIGHTS



DANCE DANCING





SHS VARSITY JACKET



Wear the Paladin Spirit. Live the Legacy.

Gear up, SHS! The Society Varsity Jacket is finally here—more than just a jacket, it's a badge of pride and community. Get yours now and show off your SHS Paladin pride in style!



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XL	24"	29.5"
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3XL	27"	32.5"



AROUND SGEN



CONGRATULATIONS

for passing the **CERTIFIED FINANCIAL MANAGEMENT SPECIALIST (CFMS)[®] 2025 Assessment Examination** administered by **CPACE Philippines - November 2025**



LIZA D. NOTA

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Where Students Thrive

ACKNOWLEDGEMENT FORM



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