



SOUTHVILLE INTERNATIONAL SCHOOL AFFILIATED WITH FOREIGN UNIVERSITIES

SPB Issue No. 14 | ACADEMIC YEAR: 2025 – 2026 | December

STUDENTS AND PARENTS' BULLETIN

Senior High School

SHS WORKSHOP SERIES NO. 2 WRITE RIGHT: CITING SOURCES EFFECTIVELY



VISION

SISFU will be the leading transnational university that develops global leaders and professionals. It is distinguished by its excellent academic standards, outstanding instructional methodologies, relevant research, high levels of student achievement, a culture of innovation, and strong partnerships with ranked educational institutions. Its graduates are sought after by top national and global organizations.



MISSION

SISFU, the premier transnational university in the Philippines, delivers globally-relevant quality undergraduate and graduate programmes developed by accredited educational partners from the UK, Australia and the USA. Using rigorous international standards in instruction, assessment and research, and supported by excellent facilities, highly-qualified faculty and industry collaboration, SISFU prepares students to be globally competitive, competent professionals, successful entrepreneurs, leaders and movers of society.

On November 28, 2025, the Senior High School community held the second session of the SHS Workshop Series, entitled "Write Right: Citing Sources Effectively." This workshop aimed to enhance students' understanding of proper academic citation, an essential skill for producing credible and ethically sound research papers.

The session was facilitated by Dr. Elias M. Sampa, an expert in academic writing and research methodologies. Dr. Sampa guided students through the principles of the Harvard referencing style, emphasizing its importance in maintaining academic integrity and avoiding plagiarism. Through detailed explanations and practical examples, he demonstrated how to cite various types of sources accurately, ensuring that students could confidently apply these techniques in their own work.

One key focus of the workshop was the proper citation of a Pearson paper. Dr. Sampa provided a step-by-step walkthrough, showing students how to reference both in-text citations and the corresponding entries in the reference list. Participants were also given tips on common mistakes to avoid when citing sources, along with strategies for organizing and managing references efficiently.

The workshop was highly interactive, allowing students to ask questions and engage in discussions about challenges they face in academic writing. By the end of the session, students gained practical knowledge and actionable skills that will help them produce research papers that are not only well-written but also academically credible.

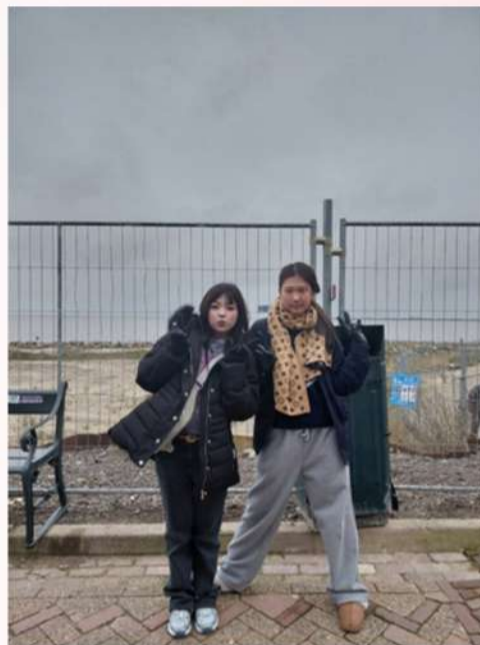
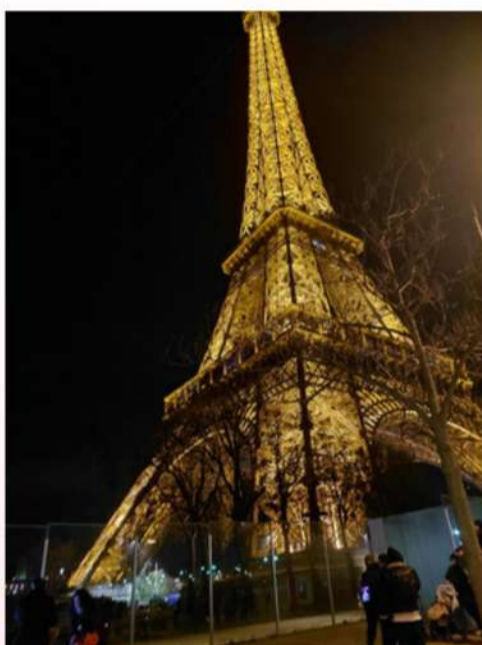
Feedback from the participants was overwhelmingly positive, with the workshop receiving an excellent evaluation score of 4.86 out of 5. This reflects the high level of engagement, clarity, and usefulness that students experienced during the session.

Overall, "Write Right: Citing Sources Effectively" was a valuable learning experience that reinforced the importance of proper citation practices and empowered our students to uphold the highest standards of academic honesty in their scholarly work.





SGEN GLOBAL VILLAGE



SHS Student Visits Europe for a Cultural and Educational Experience

Our Senior High School student, Mary Kaila Gors, recently had the wonderful opportunity to travel across Europe – exploring the Netherlands, France, and Belgium, among other destinations. Through this personal travel experience, she witnessed iconic landmarks, immersed herself in different cultural environments, and gained a deeper appreciation of European history and way of life.

Her visit allowed her to observe diverse lifestyles, architecture, and customs firsthand, broadening her perspective and enriching her understanding of the world beyond the classroom. From navigating new cities to interacting with people from different backgrounds, her journey fostered personal growth and strengthened her curiosity about global culture.

Mary Kaila returned with meaningful insights, unforgettable memories, and a wider worldview – a reminder of how travel can open doors to learning, self-discovery, and global awareness.



SISFUN HOUSE CUP



SISFUN HOUSE CUP

Volleyball Tournament

GAME 1 RESULTS



MAROON DRAGONS

VS



GOLDEN GRIFFINS



WHITE FOXES

VS



MAROON DRAGONS



GOLDEN GRIFFINS

VS



MAROON DRAGONS

HOSTED BY

Blue  Titans





SHS CHRISTMAS BAZAAR 2025



SOUTHVILLE INTERNATIONAL SCHOOL
AFFILIATED WITH FOREIGN UNIVERSITIES

Senior High School



CHRISTMAS BAZAAR 2025

SISFU Lobby
December 5-6, 2025
10:00 AM - 3:00 PM





SGEN STOCK TRADING CHALLENGE 2025



LAUNCHING OF THE SGEN STOCK TRADING CHALLENGE 2025-2026

December 2, 2025

- ✓ Tuesday at 8:00 - 9:00 AM
- ✓ ONLINE via ZOOM
Link - <https://tinyurl.com/4bsannam>



**PARTICIPANTS:
SGEN 10TH - 12TH GRADE, IB &
COLLEGE STUDENTS**

December 2, 2025 | 8:00–9:00 AM |

For SGEN Grades 10–12, IB & College Students

We are officially launching the SGEN Stock Trading Challenge for AY 2025–2026! This event will introduce the challenge framework, simulate real-time stock trading, and spark student interest in investing through a workshop led by an investments expert.

📍 Zoom:
<https://tinyurl.com/4bsannam>
ID 830 4956 9707
🔑 940860



CALENDAR OF ACTIVITIES



**DON'T
FORGET**

December 2, 2025

Launching of the SGEN Stock Trading Competition

December 5-6, 2025

SISFU Christmas Bazaar and Open House

December 6, 2025

Kaleidoscope Benefit Concert

December 9, 2025

Christmas Cheers!

December 11, 2025

SISFU Christmas Drive

December 12, 2025

SGEN Academic Olympiad





FACULTY EVALUATION BY STUDENTS



Term 1 Faculty Evaluation Results: Very Satisfactory Performance by Our Teachers

FACULTY EVALUATION
BY STUDENTS

4.76

Target: 4.2%

We are pleased to share the Term 1 faculty evaluation results. Our teachers achieved an impressive average rating of **4.76**, surpassing the target of 4.2.

This reflects their dedication, professionalism, and commitment to providing quality education. The feedback highlights their ability to engage, inspire, and support students both academically and personally.

Congratulations to our faculty for this outstanding achievement and for making a meaningful impact on our students' growth and success.





PALADIN'S PAGE



BY THE SKIN OF OUR TEETH: WILL WE AND TECHNOLOGY SUCCEED?

What does it mean to be on the receiving end of something that gives opportunities and takes stability? AI and automation has been introduced into society, modifying efficiency in the workforce and creating division in our definitions of beneficial. If we want to lead rather than to be led by technology, we must cultivate human qualities to stay ahead... but, now I'm looking at the future the way technology does. Instead, let us acknowledge how it affects us first.

In my childhood, I'd usually see a bright light coming off the screen of my mother's desktop late at night as she types about the beauty and experiences of having visited her assigned country with me. Every so often she'd remark fondly of the convenience technology brought to her in writing and submissions, as she experienced typewriters and protected her papers from creases. When the pandemic affected many lives and operations,

it halted my mother's work, and I wondered what was it like for those relying solely on this job to earn – she does this on the side to travel – realizing they might have no back up because this global health crisis' effects was unforeseen to many. Nearing the world's recovery, my mother and I were saddened by the announcement of the company's closure due to AI taking over the writing of international wonders, making it unnecessary for people to be sent abroad.

Currently, as this multifaceted and adaptable technology has settled into society's patterns and needs, it immensely boosted cost savings, efficiency, accuracy, objectivity, and speediness in the workforce. AI programs such as Grammarly, Copilot, and ChatGPT, have improved professional and students formal communication, summarized and analyzed information, produced exam reviewers, and explained topics simpler.



PALADIN'S PAGE



However, it also began to learn something new: being a supportive tool to adopting a role. It raised the question of, "Why can't AI just do it all to save costs, maximize time, and reduce headaches?" Leaving a number of workers in manufacturing, customer service, data entry, and content creation without a source of income, and some students dependent on technologies to think, may foster a world led by AI and automations. But, not if we can help it. Having empathy and determination as humans, allows us to consider ways in which we can prepare societies to workforce changes – simply through accessible education for all on the mastery of hard and soft skills in alignment with modern technology, and the creation of familiar jobs for those older generations or struggling to be given a chance to adjust and catch up.

For every efficient goal adeptly met by AI and automations, it's linked to the almost equal number of unemployed persons – some pushed to the brink of poverty.

Some might say AI can learn how to adapt and create more opportunities, yet again, this was the first effect and second priority compared to innovation that will drive us forward. It's up to us, people, to uplift each other through the understanding of pain and new concepts.

“

If we want to lead rather than to be led by technology, we must cultivate human qualities to stay ahead...

”



SOPHIA LEONARDO

Grade 11 - ABM



VALUE OF THE WEEK



Understanding the Perspectives and Behaviors of Others

Perspective-taking is not only a kindness skill but also a vital leadership and social skill, essential for effective teamwork, meaningful relationships, and strong community building.



The practice of perspective-taking encourages empathy, patience, and open-mindedness, helping us move beyond snap judgments and assumptions. By seeking to understand the experiences and viewpoints of others, we create a more inclusive and supportive environment. As the video emphasizes, by embracing different perspectives, “we foster an environment of trust and collaboration, where everyone feels valued, heard, and a sense of belonging.”

“Before you judge someone, you should walk a mile in their shoes.”

**SCAN
ME**





SOCIO-EMOTIONAL LEARNING CORNER



Embracing Challenges: Building a Love for Learning and Lasting Resilience

Why it Matters:

Challenges are part of every student's learning journey. Instead of avoiding them, we can welcome challenges as opportunities to grow, strengthen our resilience, and deepen our love for learning. This lesson helps students reframe difficulties, adopt a growth mindset, and build strategies to face obstacles with confidence.

SEL Focus Skills

- **Self-awareness** – Recognizing feelings of frustration or doubt and understanding how they impact learning.
- **Self-management** – Staying patient, motivated, and persistent when tasks are difficult.
- **Responsible decision-making** – Choosing to face challenges and seek solutions rather than avoid difficulties.
- **Social awareness** – Understanding that asking for help and learning collaboratively strengthens growth.
- **Relationship skills** – Using feedback constructively and supporting peers in their learning journey.

Practical Tips for Students

- **Break tasks into smaller steps** – Small wins build momentum and reduce overwhelm.
- **Ask questions** – Curiosity fuels deeper understanding.
- **Seek feedback** – Feedback guides improvement, it's not criticism.
- **View mistakes as learning data** – Mistakes show what still needs to be learned.
- **Celebrate effort, not just results** – Every attempt counts as progress.
- **Adopt a growth mindset** – Replace "I can't" with "I can't yet."
- **Remind yourself of growth** – When challenges arise, think: "This is not a sign to stop. This is a sign that I'm growing."



PALADINS' PAGE



“What recent challenge helped you learn something new about yourself, and how did it strengthen your resilience?”

Rafael Teodoro

Grade 12 ABM



Trying to finish our Pearson paper final, and it strengthened my resilience because after fighting out of my comfort zone, we produced what I would say is a pretty good result, something that I do not usually do, which is getting out of my comfort zone.

Sarah Lugod

Grade 12 ICT



A recent challenge that helped me learn something new about myself is the midterm I had for my art class. I never thought I was a creative person and struggled throughout the process, but in the end, I realized I enjoyed doing it and would like to continue creating more artworks.

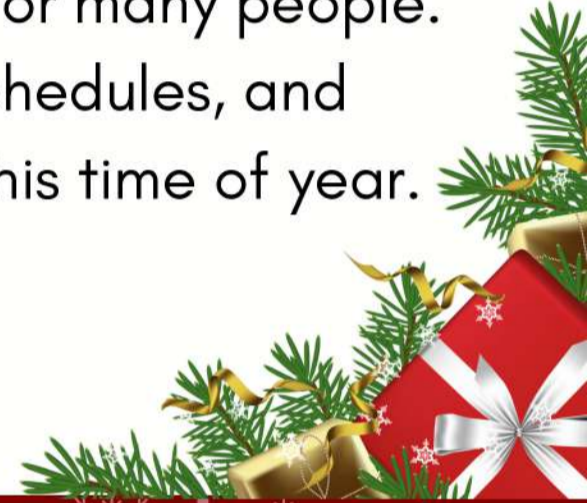


MEDICAL CORNER



Digestive Issues Rise During Holiday Season: Here's What You Should Be Mindful Of

The holiday season is a time of joy, celebration, and, of course, indulging in delicious food with loved ones. While it's a wonderful time to bond and enjoy festive meals, it can also lead to digestive issues for many people. With the abundance of high-fat foods, irregular meal schedules, and overeating your digestive system can take a hit during this time of year.



STUDY HABITS



Healthy habits: Strategies to get students into the routine of practising

- **Build consistency with routines and rituals:** Establishing regular routines and rituals helps students make practice a natural and sustainable part of their day.
- **Connect practice to personal meaning:** Students are more motivated to practice when they see how a skill or activity aligns with their interests, goals, or personal values.
- **Implement supportive accountability and feedback:** Having practice partners, regular check-ins, and constructive feedback helps students stay on track and improve.





SENIOR HIGH SCHOOL HIGHLIGHTS



PARALADINGS






SHS VARSITY JACKET

Wear the Paladin Spirit. Live the Legacy.

Gear up, SHS! The Society Varsity Jacket is finally here—more than just a jacket, it's a badge of pride and community. Get yours now and show off your SHS Paladin pride in style!



ORDER NOW



UNISEX

ACCEPTABLE TOLERANCE ± 0.5" MEASUREMENTS ARE IN INCHES

SIZE	CHEST	BODY LENGTH
XS	20"	25.5"
S	21"	26.5"
M	22"	27.5"
L	23"	28.5"
XL	24"	29.5"
2XL	26"	31.5"
3XL	27"	32.5"



AROUND SGEN



SOUTHVILLE
INTERNATIONAL SCHOOL AND COLLEGES

CONGRATULATIONS

for passing the Certified Human
Resource Associate (CHRA) 2025

100%
PASSING RATE
VIVA SIKOLOHIYA!





BE A SISFU PALADIN TODAY!



SOUTHVILLE INTERNATIONAL SCHOOL
AFFILIATED WITH FOREIGN UNIVERSITIES

Pearson

2 + 2 PROGRAMME

ACCELERATED UK SENIOR HIGH SCHOOL



ADVANCE YOUR CAREER BY EARNING
THESE CREDENTIALS

- SHS DIPLOMA
- PEARSON HIGHER NATIONAL CERTIFICATE
- UK BACHELOR'S DEGREE

Enrol Now!



JEREMIAH ONG
TRAVEL VLOGGER/CONTENT CREATOR
SENIOR HIGH SCHOOL STUDENT

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SISFU SENIOR HIGH SCHOOL

Where Students Thrive

ACKNOWLEDGEMENT FORM



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