

SOUTHVILLE INTERNATIONAL SCHOOL AFFILIATED WITH FOREIGN UNIVERSITIES

SPB Issue No. 15 | ACADEMIC YEAR: 2025 – 2026 | December

STUDENTS AND PARENTS' BULLETIN

Senior High School

SISFU HOLIDAY BAZAAR 2025



VISION

SISFU will be the leading transnational university that develops global leaders and professionals. It is distinguished by its excellent academic standards, outstanding instructional methodologies, relevant research, high levels of student achievement, a culture of innovation, and strong partnerships with ranked educational institutions. Its graduates are sought after by top national and global organizations.



MISSION

SISFU, the premier transnational university in the Philippines, delivers globally-relevant quality undergraduate and graduate programmes developed by accredited educational partners from the UK, Australia and the USA. Using rigorous international standards in instruction, assessment and research, and supported by excellent facilities, highly-qualified faculty and industry collaboration, SISFU prepares students to be globally competitive, competent professionals, successful entrepreneurs, leaders and movers of society.

A Joyful Celebration at SISFU: Holiday Bazaar 2025

Today, the SISFU Holiday Bazaar filled the campus with warmth, creativity, and the festive spirit of our community. The SISFU Lobby came alive with a vibrant selection of booths, featuring unique crafts, delicious treats, and thoughtful surprises curated by our talented student concessionaires.

A special highlight of the event were the Senior High School student booths:

- Nacho Problem – serving up tasty nachos and savory snacks
- Dipping Point – offering delicious treats and creative goodies

Students, faculty, and guests had the chance to shop for the perfect gift, enjoy festive snacks, and immerse themselves in the holiday atmosphere. The event also provided a wonderful opportunity to support our student entrepreneurs and celebrate their creativity and hard work.

It was a day of joyful camaraderie, fun, and unforgettable memories shared among friends and fellow Paladins. Thank you to everyone who joined and helped make this celebration a success!





SHS WORK IMMERSION



SHS Work Immersion Programme: Launch and Deployment

The Senior High School (SHS) Work Immersion Programme officially commenced on December 26, 2025, marking an important step in providing students with hands-on, practical experience in their chosen fields. As part of the programme, SHS students were deployed to various offices across the campus, allowing them to observe, participate, and contribute to real workplace tasks under the guidance of industry practitioners and school personnel.

This initiative aims to bridge the gap between classroom learning and workplace skills, equipping students with the knowledge, competencies, and work ethic needed for future professional endeavors. Through this immersive experience, students gain valuable insights into office operations, teamwork, and professional conduct, preparing them for both higher education and employment opportunities.

The SHS Work Immersion Programme reflects the school's commitment to holistic education, ensuring that students are not only academically competent but also workplace-ready. The deployment to campus offices provides a safe, supportive, and structured environment where students can learn by doing, build confidence, and develop essential life and career skills.



CALENDAR OF ACTIVITIES

DON'T FORGET



December 6, 2025

Kaleidoscope Benefit Concert

December 9, 2025

Christmas Cheers! | Generation Global Video Conference

December 10, 2025

SHS Christmas Party

December 11, 2025

SISFU Christmas Drive

December 12, 2025

SGEN Academic Olympiad

December 15, 2025

Christmas Break

January 5, 2026

Resumption of SHS Classes





PALADIN'S PAGE



Climatically and Personally: How Do We Change?

Change will happen in our lives, and it's out of our own volition to change as well, after glimpsing at our surroundings. Affecting our finite resources and susceptible health, climate change began eroding the pillars of our world in moving forward to innovation. And what else is to be done, when inevitable transformation goes hand in hand with a voluntary kind?

What's for certain right now, is the rise of infectious diseases and severe allergies in younger generations. Medical hospitals and centers are pressured to become better equipped in diagnosing, preventing, and healing those afflicted as best they can while adjusting to increase their patient capacity. This led to the disruption of an individual's work or school life and has drawn setbacks in various fields' productivity to the functions of society in social services, transportation and logistics, construction, agriculture, and emergency services. People have been advocating sustainable practices and acting stronger, notably through the utilization of alternative eco-friendly resources: bamboo, wood, plant-based plastics, and so much more.

As these actions are slowly reversing climate change's effects, we cannot disregard what has already been done to acknowledge it first then resolve. The high demand of fossil fuels, non-deteriorating wastage, and consistent extraction of natural resources has brought most of our assets into scarcity while having an only growing demand to feed. Potential impacts for our future generations include the low amounts of resources and dependence on artificial products to thrive, and people's health may adapt to the sudden shifts in our environments while others may become more vulnerable – needing more medical attention and resources.

Climate change is the most pressing issue and it must be prioritized due to the effects it has that can stagnate vital operations in our society, harming people, and the reduction of our resources. Health and resources stabilizes us and ensures the materials we utilize to be within our reach. To preserve these, lasting change we all can do – no matter our status or role – is choosing to be awake and aware in choosing healthier products or alternatives, and creating our own personal ways in doing so.



PALADIN'S PAGE



Climatically and Personally: How Do We Change?

As being knowledgeable allows us a wider scope of possibilities, it allows us to produce unique solutions as well such as the new plant-based plastics packaging, edible rice straws, and much more to come.

A number of people may say big actions and big programs are needed while the government enforces a stricter system, and while that may work, it will function through fear or obligation. Passion and understanding will guide us to act responsibly, while having enough wonder and courage to create something new with one another in the midst of the problem that has been with us for so long. Knowing all these, we can change climatically and personally.

“***True change begins when we recognize the world we affect and choose, with knowledge and courage, to act for both our planet and ourselves.***”



SOPHIA LEONARDO

Grade 11 - ABM

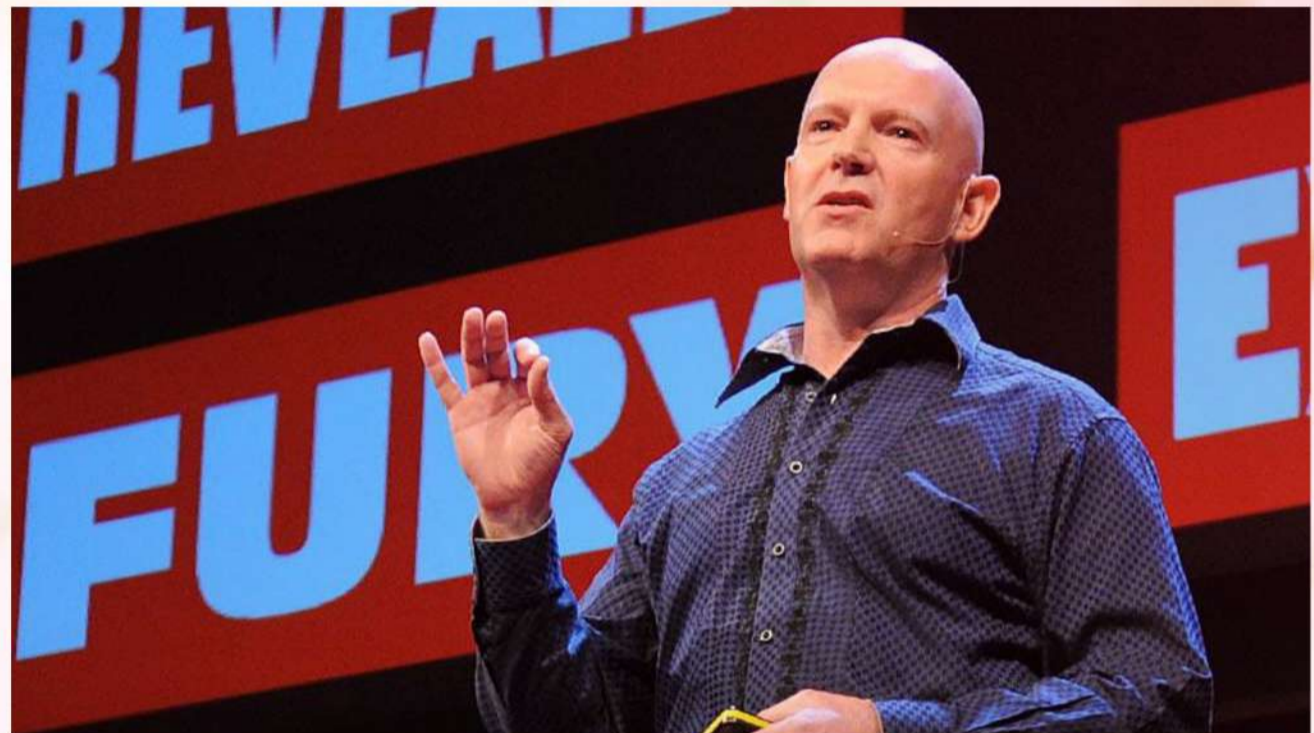




VALUE OF THE WEEK



Understanding the Perspectives and Behaviors of Others



"We are losing our listening."
Julian Treasure

In his talk 5 Ways to Listen Better, Julian Treasure highlights that listening is more than hearing – it's actively making meaning from sound. He shares five practical tips: silence to reset our ears, the Mixer to focus on different sounds, savoring everyday sounds, using different listening positions, and practicing RASA – Receive, Appreciate, Summarize, Ask – to respond thoughtfully. Treasure emphasizes that conscious listening is essential for understanding, connection, and empathy.





SOCIO-EMOTIONAL LEARNING CORNER



Understanding Others: A Path to Connection

Why it Matters:

Understanding the perspectives and behaviors of others helps students build stronger relationships, improve communication, and create a more supportive learning environment. When we take time to see situations through someone else's eyes, we develop empathy, patience, and respect. This skill reduces misunderstandings, encourages collaboration, and helps us respond with kindness rather than judgment. By learning to consider different viewpoints, students become more open-minded, emotionally aware, and prepared to work effectively with diverse people in real-life situations.

SEL Focus Skills

- **Empathy** – Recognize and understand the feelings and experiences of others.
- **Active Listening** – Pay close attention to what others say without interrupting or assuming.
- **Perspective-Taking** – Consider different viewpoints before reacting or forming conclusions.
- **Social Awareness** – Understand social cues, behaviors, and the needs of those around you.
- **Respect & Compassion** – Treat others with understanding, patience, and kindness.

Practical Tips for Students

- **Practice Active Listening** – Focus on the speaker, avoid distractions, and show genuine interest.
- **Ask Instead of Assume** – If you're unsure why someone feels or acts a certain way, ask respectfully.
- **Pause Before Reacting** – Take a moment to reflect on what the other person might be experiencing.
- **Put Yourself in Their Shoes** – Imagine how you would feel if you were in their situation.

Show Kindness in Small Ways – A simple gesture, smile, or supportive word can make a big difference.



PALADINS' PAGE



“What recent challenge helped you learn something new about yourself, and how did it strengthen your resilience?”

JC Roman
Grade 12 ICT

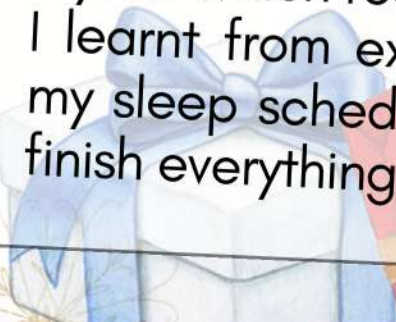


A recent challenge that helped me learn something about myself is definitely my inability to get up at times I want to. It helped me learn what makes me that way, how I can prevent it and how I can improve my future self. It strengthened my resilience by researching more about my inner workings as well as how I think.

Crystoph Paculan
Grade 12 ICT



When I got overwhelmed with work and most deadlines are near, that's when I started to practice time management or just organizing myself which really did improve me overtime since I learnt from experience and now I'm improving my sleep schedule or my time management and finish everything on time.





MEDICAL CORNER



Keep Cavities Away: Brush and Floss Daily!

Taking care of your teeth helps prevent cavities and gum disease. Brushing and flossing properly can prevent plaque (pronounced: plak), a clear film of bacteria that sticks to your teeth.

After you eat, the bacteria break down sugar on your teeth into acids that eat away tooth enamel, causing holes called cavities. Plaque also causes gingivitis, which is **gum disease** that can make your gums red, swollen, and sore.



SCAN
ME



STUDY HABITS

The rubber band model: How to deal with a dilemma

- **Stretch gradually** – Take on slightly harder tasks to grow.
- **Balance tension** – Manage workload to avoid stress or boredom.
- **Reset regularly** – Take breaks to prevent burnout.
- **Stay flexible** – Adjust strategies when challenges arise.
- **Realign often** – Reflect on what works and improve.





SENIOR HIGH SCHOOL HIGHLIGHTS



PALEALADINGS






SHS VARSITY JACKET

Wear the Paladin Spirit. Live the Legacy.

Gear up, SHS! The Society Varsity Jacket is finally here—more than just a jacket, it's a badge of pride and community. Get yours now and show off your SHS Paladin pride in style!



ORDER NOW



UNISEX

ACCEPTABLE TOLERANCE ± 0.5" MEASUREMENTS ARE IN INCHES

SIZE	CHEST	BODY LENGTH
XS	20"	25.5"
S	21"	26.5"
M	22"	27.5"
L	23"	28.5"
XL	24"	29.5"
2XL	26"	31.5"
3XL	27"	32.5"



AROUND SGEN



CONGRATULATIONS

CERTIFIED PUBLIC ACCOUNTANTS LICENSURE EXAM 2025

TOP 4
NATIONWIDE
Venziel Pedrosa, CPA



Stephen Blas, CPA, CTT



Jomari Torres, CPA



Madonna Gallido, CPA



Trixie Anareta, CPA



Patricia Ley, CPA

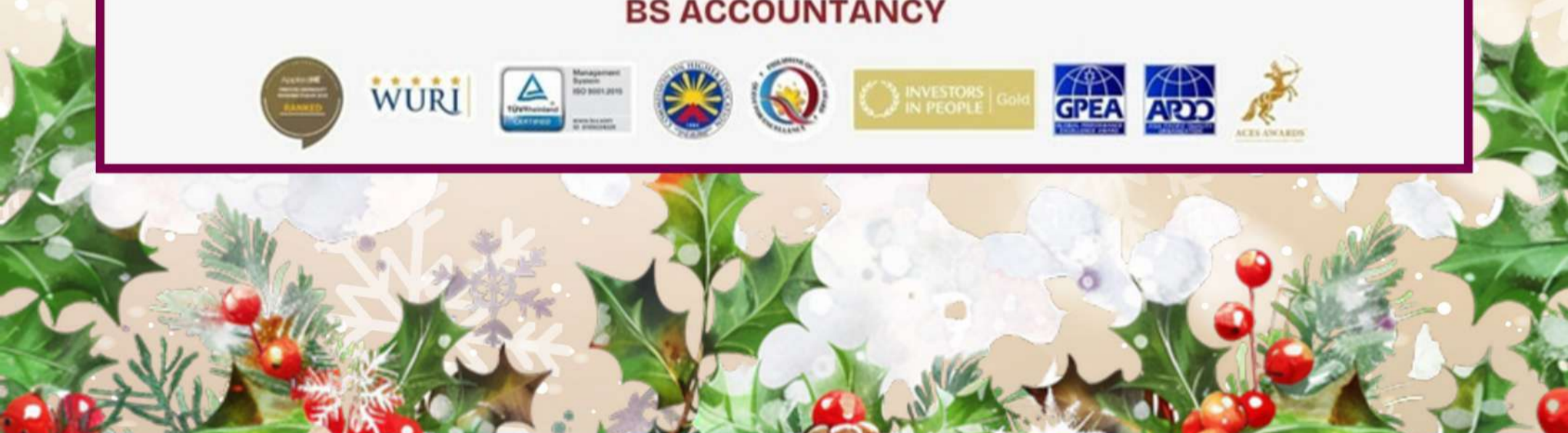


Joyce Decipeda, CPA



Micah Edem, CPA

BS ACCOUNTANCY





BE A SISFU PALADIN TODAY!



SOUTHVILLE INTERNATIONAL SCHOOL
AFFILIATED WITH FOREIGN UNIVERSITIES

Pearson

2 + 2 PROGRAMME

ACCELERATED UK SENIOR HIGH SCHOOL



ADVANCE YOUR CAREER BY EARNING
THESE CREDENTIALS

- SHS DIPLOMA
- PEARSON HIGHER NATIONAL CERTIFICATE
- UK BACHELOR'S DEGREE

Enrol Now!



JEREMIAH ONG
TRAVEL VLOGGER/CONTENT CREATOR
SENIOR HIGH SCHOOL STUDENT



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SISFU SENIOR HIGH SCHOOL

Where Students Thrive

ACKNOWLEDGEMENT FORM



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Southville

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