



# SOUTHVILLE INTERNATIONAL SCHOOL AFFILIATED WITH FOREIGN UNIVERSITIES

SPB Issue No. 21 | ACADEMIC YEAR: 2025 – 2026 | February

## STUDENTS AND PARENTS' BULLETIN

*Senior High School*

### SHS STUDENT LIFE ENHANCEMENT PROGRAMME (SLEP) 2026



#### VISION

SISFU will be the leading transnational university that develops global leaders and professionals. It is distinguished by its excellent academic standards, outstanding instructional methodologies, relevant research, high levels of student achievement, a culture of innovation, and strong partnerships with ranked educational institutions. Its graduates are sought after by top national and global organizations.



#### MISSION

SISFU, the premier transnational university in the Philippines, delivers globally-relevant quality undergraduate and graduate programmes developed by accredited educational partners from the UK, Australia and the USA. Using rigorous international standards in instruction, assessment and research, and supported by excellent facilities, highly-qualified faculty and industry collaboration, SISFU prepares students to be globally competitive, competent professionals, successful entrepreneurs, leaders and movers of society.



The SHS Student Life Enhancement Programme 2026 (SLEP) was a meaningful and enriching experience anchored on the theme "Journey to Self-Improvement: Embracing Grit, Gratitude, and Growth Mindset in Finding Life's Purpose toward Well-Being and Happiness." The program provided students with a safe and supportive space to reflect on their personal journeys, strengthen their values, and deepen their understanding of what it means to grow not only academically, but also emotionally and socially.

Throughout the event, students actively participated in interactive games, storytelling sessions, and group activities designed to encourage openness, empathy, and collaboration. By sharing their own stories and listening to the experiences of others, they were able to build stronger connections, appreciate diverse perspectives, and foster a sense of belonging within the school community.

SLEP 2026 highlighted the importance of perseverance, thankfulness, and a positive mindset as essential tools in overcoming challenges and pursuing one's purpose. As the program concluded, students left with renewed motivation, strengthened friendships, and a deeper commitment to their personal well-being and continuous growth—carrying forward the lessons of grit, gratitude, and growth into their everyday lives.

*Senior High School*  
**Where Students Thrive**





# SUCCESSFUL RESEARCH TITLE DEFENSE OF GRADE 11 ICT



The Grade 11 students successfully defended their research title, **“Exploring Cybersecurity Concerns and Experiences of Home-Based Online Sellers on Facebook Marketplace.”** The group clearly presented the relevance of their study, emphasizing the growing use of social media for online selling and the importance of cybersecurity, data privacy, and protection against online fraud.

The panel commended the students for their clear objectives, focused scope, and confident responses during the defense. Overall, the presentation demonstrated their readiness to move forward with the next stage of their research and their potential to contribute meaningful insights into online safety for home-based sellers.



# MORE THAN A NAME: PAL



Pal is more than just a name—it is the spirit and identity of the SISFU community. Short for Paladin, Pal represents courage, loyalty, and a strong commitment to growth and excellence.

As a moniker, Pal captures what it means to be a student of SISFU: someone who stands firm in values, strives for academic success, and embraces every opportunity to learn and serve. A Pal is not only a learner but also a companion—supportive, resilient, and ready to face challenges with confidence.

In SISFU, being a Pal means belonging to a community that believes in empowerment, lifelong learning, and holistic development. It symbolizes friendship, unity, and the shared mission of shaping future-ready individuals who will make a positive impact in society.

Above all, Pal reminds us that in SISFU, no one walks alone. Shoulder to shoulder, we rise together, learn together, and succeed together—as one strong family of Paladins.



# SISFUN HOUSE CUP



SOUTHVILLE INTERNATIONAL SCHOOL  
AFFILIATED WITH FOREIGN UNIVERSITIES



STUDENT SUPPORT CENTER - STUDENT AFFAIRS AND SERVICES

## SISFUN HOUSE CUP

# BASKETBALL



**09** February 2026  
04:30 - 6:00 PM



Hosted by:  
**Golden Griffins**



# SISFUN HOUSE CUP



SOUTHVILLE INTERNATIONAL SCHOOL  
AFFILIATED WITH FOREIGN UNIVERSITIES



STUDENT SUPPORT CENTER - STUDENT AFFAIRS AND SERVICES

## GAME SCHEDULE

# BASKETBALL



WHITE FOXES

GAME 01  
4:30-5:00 PM

VS



BLUE TITANS



MAROON DRAGONS

GAME 02  
5:00-5:30 PM

VS



GAME 01 WINNER



GAME 01 LOSER

GAME 03  
5:30-6:00 PM

VS



GAME 02 LOSER

**09** February 2026  
04:30 - 6:00 PM



Hosted by:  
**Golden Griffins**



# SISFUN HOUSE CUP



SOUTHVILLE INTERNATIONAL SCHOOL  
AFFILIATED WITH FOREIGN UNIVERSITIES

STUDENT SUPPORT CENTER - STUDENT AFFAIRS AND SERVICES



## SISFUN HOUSE CUP

# VOLLEYBALL



**11** February 2026  
04:30 - 6:00 PM



Hosted by:  
**Golden Griffins**



# SISFUN HOUSE CUP



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STUDENT SUPPORT CENTER - STUDENT AFFAIRS AND SERVICES

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11

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Hosted by:  
Golden Griffins



# SISFU

# SUSTAINABILITY CAMPAIGN



SOUTHVILLE INTERNATIONAL SCHOOL AFFILIATED WITH FOREIGN UNIVERSITIES  
Student Support Center

## SISFU SUSTAINABILITY CAMPAIGN



### BYO TUMBLER

Bring your own tumbler and help reduce single-use plastic cups. Every refill is a small step toward a cleaner, greener campus.



Small acts, sustainable impact ;)

### BYO UTENSILS

Say no to disposable cutlery and straws. Bring your own utensils and reusable straw to cut waste and build sustainable daily habits.

### NET ZERO

Students can support a Net Zero campus by conserving energy, water, reducing waste, and making eco-friendly choices.

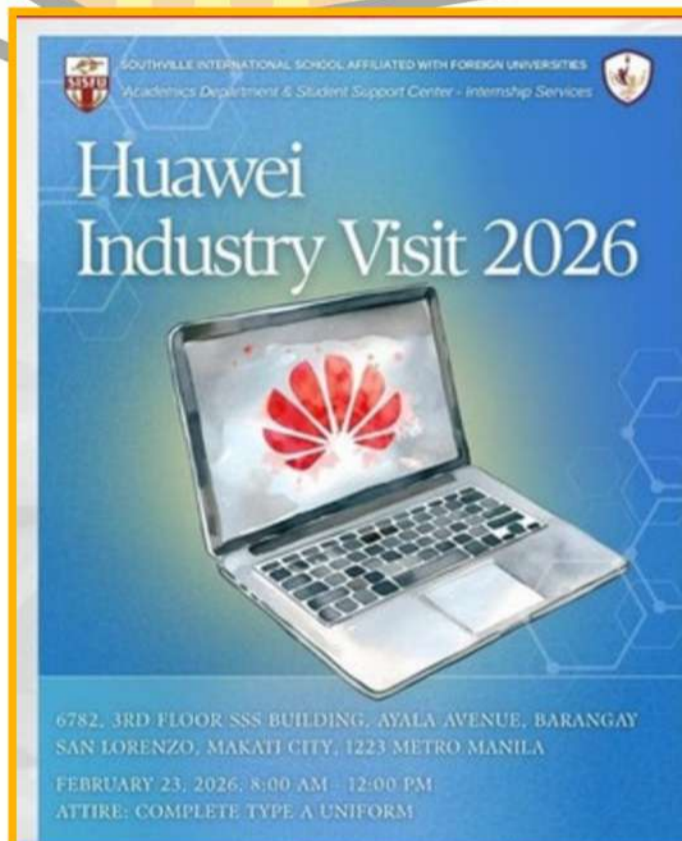
Simple actions like turning off lights and devices, using natural light, minimizing paper use, and choosing to walk help reduce the campus carbon footprint and promote a more sustainable environment.

Together as Paladins, toward Net Zero! ;)





# HUAWEI INDUSTRY VISIT



## SISFU GOES TO HUAWEI 2026!

An exclusive learning visit designed to provide industry exposure and real-world insights into innovation and technology. Participation is limited. However, do not fret! Stay tuned for upcoming industry visits soon!

### SISFU to Conduct Industry Visit to Huawei

Southville International School affiliated with Foreign Universities (SISFU) will conduct an Industry Visit to Huawei on February 23, 2026, from 8:00 AM to 12:00 NN. This activity aims to provide students with meaningful exposure to the technology industry, particularly in the areas of innovation, telecommunications, and digital solutions.

The visit is designed to help students gain insights into real-world industry practices, understand current technological trends, and explore potential career pathways aligned with their academic programs. Through this experience, students are expected to bridge classroom learning with actual industry applications.

Participants are required to wear their complete Type A uniform to observe proper decorum and professionalism during the visit.



# SISFUN SHIRT



# GOLDEN GRIFFINS



# SISFUN SHIRT



# BLUE TITANS



# SISFUN SHIRT



# MAROON DRAGONS



# SISFUN SHIRT



# WHITE FOXES



# SISFUN SHIRT



## SISFUN 2026 T-SHIRT

**PHP 450.00**

**We are now accepting orders!**

**Order Deadline - February 13, 2026**



**SCAN HERE TO ORDER**

### **Mode of Payment**

**Cash - Please visit the SISFU Accounting Office**

### **Bank Transfer**

**Bank Name: Security Bank**

**Account Name: Southville International School affiliated with Foreign Universities, Inc.**

**Account Number: 0 0 0 0 6 3 4 9 7 9 2 3**

*For inquiries, visit the Office of Student Affairs and Services.*



# CALENDAR OF ACTIVITIES



**DON'T  
FORGET**

**February 9, 2026**

SISFUN House Cup  
Game 3 - Basketball

**February 10, 2026**

SISFU On-air No. 5

**February 11, 2026**

SISFUN House Cup  
Game 3 - Volleyball

**February 19-20, 2026**

Hallway Decoration Contest

**February 23, 2026**

Industry Visit at Huawei

**February 24, 2026**

SISFU Got Talent |  
GDO SISFU Edition

**February 25, 2026**

SISFU for Others

**February 26, 2026**

SISFU 28<sup>th</sup> Foundation  
Day Celebration





# VALUE OF THE WEEK



## Practicing / Living Out the 7Ds (Drive, Direction, Do, Discipline, Determination, Dare, Divinity) in Accomplishing Goals



**"It almost doesn't matter what you know.  
Execution is what matters the most."**

**— John Doerr**

In this TED Talk, John Doerr explains that success doesn't come just from having knowledge or desire — it comes from setting the right goals and following through with disciplined action. He introduces a system called Objectives and Key Results (OKRs) that helps individuals and organizations define clear, meaningful goals and measure progress. Doerr highlights that combining ambition, passion, and purpose with measurable steps makes goals achievable, and that executing well is what truly drives success.

SCAN  
ME





# SOCIO-EMOTIONAL LEARNING CORNER



## From Goals to Growth: Building Motivation Through Small Wins

### Why It Matters:

Understanding that motivation is built through actions and mindset helps students take ownership of their learning. By focusing on meaningful goals and enjoying the process, they become more confident, persistent, and better able to see challenges as opportunities to grow.

### SEL Focus Skills:

**Self-Awareness** – Recognizing what goals, activities, and rewards truly motivate you.

**Self-Management** – Staying focused, managing frustration, and controlling impulses while working toward goals.

**Goal Setting** – Breaking long-term goals into smaller, clear, and achievable steps.

**Responsible Decision-Making** – Choosing actions that support growth instead of short-term comfort.

**Resilience** – Continuing to try, adjust, and learn after mistakes or setbacks.

### Practical Tips for Students:

- **Enjoy the Process** – Pay attention to what you like about learning, not just finishing the task.
- **Break Goals Into Steps** – Turn big goals into daily or weekly actions you can complete.
- **Track Your Progress** – Write down small wins to stay motivated.
- **Reflect on Challenges** – Ask what you can improve instead of getting discouraged.
- **Find Encouragement** – Work with classmates or teachers who can support and guide you.



# MEDICAL CORNER



## School Safety and Hazard Prevention

Think of our school as our "second home." For us to have the most fun and learn the best, we need to make sure our school stays a Safe Zone.

### What is Hazard?

- **Report Hazards:** Immediately report any unsafe conditions or potential dangers.
- **Follow Instructions:** Always stick to the safety rules and specific directions given by the school staff.
- **Use Equipment Properly:** Use properly all tools and equipment in the correct and safest manner.
- **Maintain Cleanliness:** Keep personal workspace and other areas tidy and organized.
- **Hygiene Habits:** Practice good hygiene to help stop the spread of germs and illness.

### Common Hazards



Physical Hazards



Chemical & Biological Hazards



Psychosocial Hazards



# STUDY HABITS



## The Stop Rule: When you should rethink a decision

- When you feel rushed, stressed, or overly emotional while deciding
- When new information appears that changes the situation
- When the choice goes against your long-term goals
- When trusted people raise serious concerns
- When you keep doubting the decision even after thinking it through





# AROUND SGEN



The central graphic for the AISAAC 2026 event. It features a stylized figure in green and purple with a yellow and blue swoosh above it. To the right of the figure are two logos: the Southville International School Foundation of the United States logo and a '35 YEARS OF QUALITY INTERNATIONAL EDUCATION' anniversary logo. Below the figure, the word 'AISAAC' is written in large, colorful, stylized letters (A: purple, I: blue, S: red, A: green, A: blue, C: blue). Underneath 'AISAAC' are three sports icons: a soccer ball, a basketball, and a volleyball. To the right of the icons, the year '2026' is written in large, bold, blue letters. At the bottom, the dates 'FEBRUARY 5 - 7, 2026' are written in white, bold, sans-serif font.



# SENIOR HIGH SCHOOL HIGHLIGHTS



# PALEADINGS





# BE A SISFU PALADIN TODAY!



SOUTHVILLE INTERNATIONAL SCHOOL  
AFFILIATED WITH FOREIGN UNIVERSITIES

Pearson

2 + 2 PROGRAMME

## ACCELERATED UK SENIOR HIGH SCHOOL



ADVANCE YOUR CAREER BY EARNING  
THESE CREDENTIALS

- SHS DIPLOMA
- PEARSON HIGHER NATIONAL CERTIFICATE
- UK BACHELOR'S DEGREE

Enrol Now!



**JEREMIAH ONG**  
TRAVEL VLOGGER/CONTENT CREATOR  
SENIOR HIGH SCHOOL STUDENT

CONTACT US: (632) 8820 - 9181

0998-963-5282 | 84 | 85 | 86

WWW.SISFU.EDU.PH



# BE A SISFU PALADIN TODAY!



SOUTHVILLE INTERNATIONAL SCHOOL  
AFFILIATED WITH FOREIGN UNIVERSITIES



## ***Your UK Qualification, Closer to Home.*** **UK Accelerated Senior High School** 2 Years in SHS + 2 Years in College = UK BA Degree

***Now at Stonyhurst Southville  
(Batangas & Malarayat) and  
South Mansfield College (Muntinlupa)***



### **Info-session through Zoom**



**6PM, FRIDAY  
FEBRUARY 6, 2026**

**10AM, SATURDAY  
FEBRUARY 7, 2026**

**6PM, THURSDAY  
FEBRUARY 12, 2026**



# SISFU SENIOR HIGH SCHOOL

*Where Students Thrive*

## ACKNOWLEDGEMENT FORM



Please acknowledge receipt of this Students and Parents' Bulletin by scanning the QR code.



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UK DEGREES IN THE PHILIPPINES. YOUR GLOBAL FUTURE IS WAITING!  
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