



SOUTHVILLE INTERNATIONAL SCHOOL AFFILIATED WITH FOREIGN UNIVERSITIES

SPB Issue No. 22 | ACADEMIC YEAR: 2025 – 2026 | February

STUDENTS AND PARENTS' BULLETIN

Senior High School

SUCCESSFUL TERM 2 MIDTERM ASSESSMENTS

The Term 2 Midterm Assessments for our Senior High School students were successfully completed. Students demonstrated focus and discipline, while teachers ensured that assessments were fair, meaningful, and aligned with learning objectives.

We commend our students for their hard work and our faculty for their dedication to academic excellence. This achievement reflects the strong collaboration within our school community and supports continued growth and learning.

Students who have not yet taken their assessments are kindly requested to reach out to the Academics Office and provide a valid excuse in order to have their assessments scheduled as soon as possible.

Thank you for your cooperation.



Senior High School
Where Students Thrive

VISION

SISFU will be the leading transnational university that develops global leaders and professionals. It is distinguished by its excellent academic standards, outstanding instructional methodologies, relevant research, high levels of student achievement, a culture of innovation, and strong partnerships with ranked educational institutions. Its graduates are sought after by top national and global organizations.

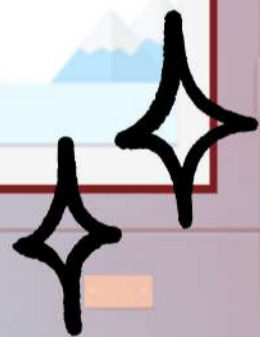
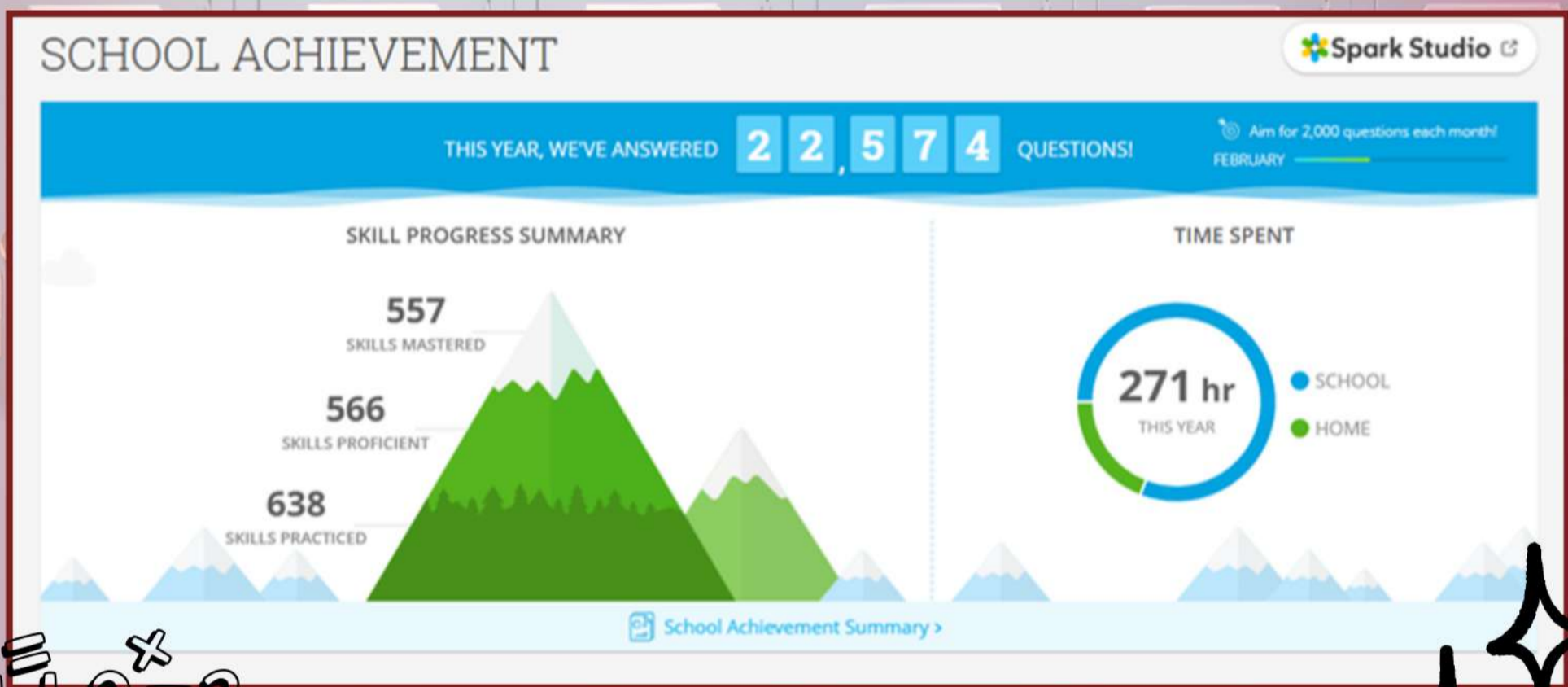


MISSION

SISFU, the premier transnational university in the Philippines, delivers globally-relevant quality undergraduate and graduate programmes developed by accredited educational partners from the UK, Australia and the USA. Using rigorous international standards in instruction, assessment and research, and supported by excellent facilities, highly-qualified faculty and industry collaboration, SISFU prepares students to be globally competitive, competent professionals, successful entrepreneurs, leaders and movers of society.



BUILDING SKILLS AND MASTERY: GRADE 11 IXL PROGRESS - JANUARY



In January, Grade 11 students demonstrated strong engagement on the IXL platform, answering a total of 22,574 questions. This level of participation reflects consistent practice and a commitment to improving academic skills.

Student progress was evident across all skill levels, with 557 skills mastered, 566 skills reaching proficiency, and 638 skills practiced. Additionally, students spent 271 hours on IXL both at school and at home, highlighting sustained effort and positive learning habits throughout the month.



GENERATION GLOBAL: A DIALOGUE ON LEADERSHIP



This video conference allows you to engage with global peers and discuss leadership in different contexts while practicing meaningful dialogue skills:

- Share your own experiences using “I.”
- Respond with curiosity by asking questions and valuing others’ ideas.
- Reflect on what you are learning and how it shapes your view of leadership.

You may think ahead about what leadership means to you, leaders you admire, moments when you showed leadership, and ways young people can develop leadership skills.

There’s no need for scripted responses—the discussion should flow naturally.

Reminders

- Feeling nervous is normal—participation helps build confidence.
- Join from a quiet, distraction-free space.
- Be open to learning from others.

 **Please block your calendar for February 16, 2026.**



SISFUN HOUSE CUP



SOUTHVILLE INTERNATIONAL SCHOOL
AFFILIATED WITH FOREIGN UNIVERSITIES



STUDENT SUPPORT CENTER - STUDENT AFFAIRS AND SERVICES

SISFUN HOUSE CUP BASKETBALL



09 February 2026
04:30 - 6:00 PM



Hosted by:
Golden Griffins



SISFUN HOUSE CUP



SOUTHVILLE INTERNATIONAL SCHOOL
AFFILIATED WITH FOREIGN UNIVERSITIES



STUDENT SUPPORT CENTER - STUDENT AFFAIRS AND SERVICES

GAME SCHEDULE

BASKETBALL



WHITE FOXES

GAME 01
4:30-5:00 PM

VS



BLUE TITANS



MAROON DRAGONS

GAME 02
5:00-5:30 PM

VS



GAME 01 WINNER



GAME 01 LOSER

GAME 03
5:30-6:00 PM

VS



GAME 02 LOSER

09 February 2026
04:30 - 6:00 PM



Hosted by:
Golden Griffins



SISFUN HOUSE CUP



SOUTHVILLE INTERNATIONAL SCHOOL
AFFILIATED WITH FOREIGN UNIVERSITIES



STUDENT SUPPORT CENTER - STUDENT AFFAIRS AND SERVICES

SISFUN HOUSE CUP

VOLLEYBALL



11 February 2026
04:30 - 6:00 PM



Hosted by:
Golden Griffins



SISFUN HOUSE CUP



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HUAWEI INDUSTRY VISIT



SOUTHVILLE INTERNATIONAL SCHOOL AFFILIATED WITH FOREIGN UNIVERSITIES

Academics Department & Student Support Center - Internship Services



Huawei Industry Visit 2026



6782, 3RD FLOOR SSS BUILDING, AYALA AVENUE, BARANGAY
SAN LORENZO, MAKATI CITY, 1223 METRO MANILA

FEBRUARY 23, 2026, 8:00 AM - 12:00 PM

ATTIRE: COMPLETE TYPE A UNIFORM



SISFUN SHIRT



GOLDEN GRIFFINS



SISFUN SHIRT



BLUE TITANS



SISFUN SHIRT



MAROON DRAGONS



SISFUN SHIRT



WHITE FOXES



SISFUN SHIRT



SISFUN 2026 T-SHIRT

PHP 450.00

We are now accepting orders!

Order Deadline - February 13, 2026



SCAN HERE TO ORDER

Mode of Payment

Cash - Please visit the SISFU Accounting Office

Bank Transfer

Bank Name: Security Bank

Account Name: Southville International School affiliated with Foreign Universities, Inc.

Account Number: 0 0 0 0 6 3 4 9 7 9 2 3

For inquiries, visit the Office of Student Affairs and Services.



CALENDAR OF ACTIVITIES



**DON'T
FORGET**

February 9, 2026

SISFUN House Cup
Game 3 - Basketball

February 10, 2026

SISFU On-air No. 5

February 11, 2026

SISFUN House Cup
Game 3 - Volleyball

February 16, 2026

Generation Global Video Conference

February 19-20, 2026

Hallway Decoration Contest

February 23, 2026

Industry Visit at Huawei

February 24, 2026

SISFU Got Talent |
GDO SISFU Edition

February 25, 2026

SISFU for Others

February 26, 2026

SISFU 28th Foundation
Day Celebration





VALUE OF THE WEEK



Identifying One's Feelings and Emotions, and their Impact on Others



“Emotions are not built into your brain at birth... they are guesses that your brain constructs in the moment.”

— Lisa Feldman Barrett

In her TED Talk, neuroscientist Lisa Feldman Barrett explains that emotions are not automatic reactions but are created by the brain using past experiences and predictions. This means we play an active role in how we feel. By understanding this process, we can better recognize our emotions and gain more control over how we respond to situations and to others.



SOCIO-EMOTIONAL LEARNING CORNER



Pause, Think, Feel: Building Emotional Awareness

Why It Matters:

Our emotions shape how we think, learn, and interact every day. This talk reminds us that emotions are not fixed reactions — they are shaped by how our brain interprets experiences. When students understand this, they realize they have the ability to pause, reflect, and choose how they respond. This helps prevent misunderstandings, reduces conflict, and encourages more thoughtful and respectful interactions with others.

SEL Focus Skills:

Emotional Awareness – Identifying and naming what you feel in different situations.

Self-Regulation – Managing emotions before they turn into negative reactions.

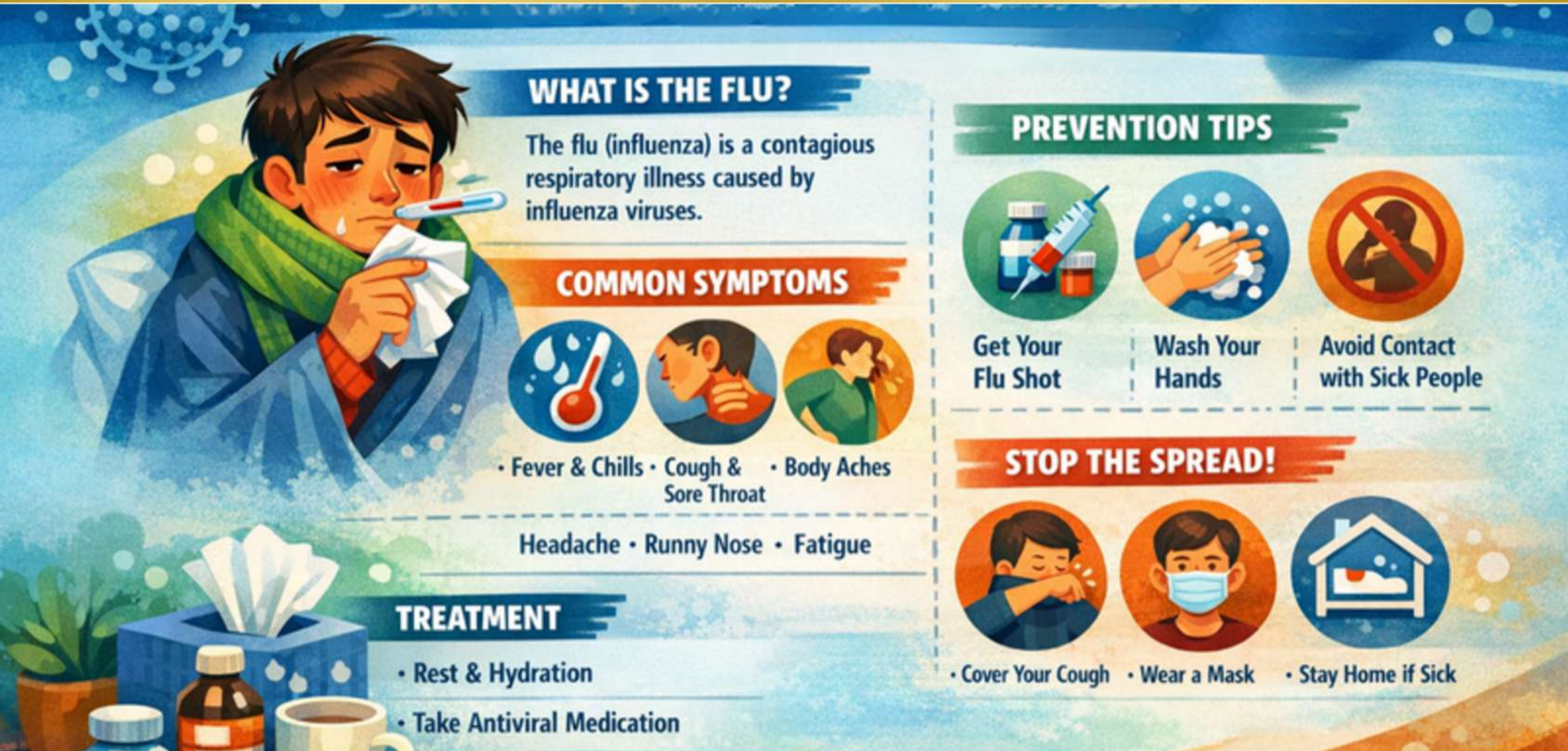
Perspective-Taking – Recognizing that others may interpret situations differently.

Communication Skills – Expressing emotions clearly and respectfully.

Decision-Making – Choosing responses that lead to positive outcomes for yourself and others.

Practical Tips for Students:

- **Pause and Check In** – Before reacting, ask yourself what emotion you are experiencing.
- **Name It to Tame It** – Putting feelings into words helps you manage them better.
- **Consider Other Views** – Remember that classmates may feel or think differently about the same situation.
- **Choose Your Response** – Emotions happen, but how you act is a choice.
- **Learn from Experience** – Reflect on emotional moments to improve future reactions.



WHAT IS THE FLU?

The flu (influenza) is a contagious respiratory illness caused by influenza viruses.

COMMON SYMPTOMS

- Fever & Chills
- Cough & Sore Throat
- Body Aches
- Headache
- Runny Nose
- Fatigue

TREATMENT

- Rest & Hydration
- Take Antiviral Medication

PREVENTION TIPS

- Get Your Flu Shot
- Wash Your Hands
- Avoid Contact with Sick People

STOP THE SPREAD!

- Cover Your Cough
- Wear a Mask
- Stay Home if Sick

STUDY HABITS

The theory of unconscious thinking: How to make decisions intuitively

- Take breaks after studying to let your mind process information.
- Avoid overthinking; trust your intuition for complex decisions.
- Do light activities to help unconscious thinking work.
- Notice patterns or gut feelings after reviewing lessons.
- Use focused study sessions followed by rest.





AROUND SGEN



5TH NATIONAL *Reading* CONFERENCE



**READ, RELATE, RISE: SPARKING A LIFELONG
LOVE FOR READING AND EMOTIONAL
GROWTH – FROM PRESCHOOL TO ADULTHOOD**



**DISCOVER ONE OF THE EXPERTS JOINING
OUR LINEUP**

DR. REA CELINE VILLA

CO-FOUNDER, MINDSET PLUS

MARCH 19, 2026 | 9:00 AM – 3:30 PM | VIA zoom



**REGISTER
NOW**





BE A SISFU PALADIN TODAY!



SOUTHVILLE INTERNATIONAL SCHOOL
AFFILIATED WITH FOREIGN UNIVERSITIES

Pearson

2 + 2 PROGRAMME

ACCELERATED UK SENIOR HIGH SCHOOL



ADVANCE YOUR CAREER BY EARNING
THESE CREDENTIALS

- SHS DIPLOMA
- PEARSON HIGHER NATIONAL CERTIFICATE
- UK BACHELOR'S DEGREE

Enrol Now!



JEREMIAH ONG
TRAVEL VLOGGER/CONTENT CREATOR
SENIOR HIGH SCHOOL STUDENT

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WWW.SISFU.EDU.PH



BE A SISFU PALADIN TODAY!



SOUTHVILLE INTERNATIONAL SCHOOL
AFFILIATED WITH FOREIGN UNIVERSITIES



Your UK Qualification, Closer to Home. **UK Accelerated Senior High School** 2 Years in SHS + 2 Years in College = UK BA Degree

**Now at Stonyhurst Southville
(Batangas & Malarayat) and
South Mansfield College (Muntinlupa)**



Info-session through Zoom



**6PM, FRIDAY
FEBRUARY 6, 2026**

**10AM, SATURDAY
FEBRUARY 7, 2026**

**6PM, THURSDAY
FEBRUARY 12, 2026**



SISFU SENIOR HIGH SCHOOL

Where Students Thrive

ACKNOWLEDGEMENT FORM



Please acknowledge receipt of this Students and Parents' Bulletin by scanning the QR code.



Southville

SENIOR HIGH SCHOOL DEPARTMENT

JOHN GEORGE P. PASTOR

SHS Principal/ Allied Programmes Head
Director, Academic Operations and Student Support



JOHN PATRICK JAVIER

SHS Faculty Member
SHS & Allied Programmes Coordinator

You may reach us through:

sisfu_shsprincipal@southville.edu.ph | 8-820-91-81 Loc. 211 | 0998 844 7762

SOUTHVILLE INTERNATIONAL SCHOOL AFFILIATED WITH FOREIGN UNIVERSITIES
UK DEGREES IN THE PHILIPPINES. YOUR GLOBAL FUTURE IS WAITING!
sisfu.edu.ph | enquiry@southville.edu.ph

