



SOUTHVILLE INTERNATIONAL SCHOOL AFFILIATED WITH FOREIGN UNIVERSITIES

SPB Issue No. 25 | ACADEMIC YEAR: 2025 – 2026 | March

STUDENTS AND PARENTS' BULLETIN

Senior High School

28TH FOUNDATION DAY CELEBRATION



VISION

SISFU will be the leading transnational university that develops global leaders and professionals. It is distinguished by its excellent academic standards, outstanding instructional methodologies, relevant research, high levels of student achievement, a culture of innovation, and strong partnerships with ranked educational institutions. Its graduates are sought after by top national and global organizations.



MISSION

SISFU, the premier transnational university in the Philippines, delivers globally-relevant quality undergraduate and graduate programmes developed by accredited educational partners from the UK, Australia and the USA. Using rigorous international standards in instruction, assessment and research, and supported by excellent facilities, highly-qualified faculty and industry collaboration, SISFU prepares students to be globally competitive, competent professionals, successful entrepreneurs, leaders and movers of society.



SISFU officially launched the celebration of its 28th Founding Anniversary through a meaningful and vibrant program that brought together students, faculty, alumni, staff, and special guests from the government, academe, and partner industries. The opening ceremony marked the beginning of a series of activities dedicated to celebrating the institution's journey, achievements, and continued commitment to academic excellence and community engagement.

The event set a vibrant tone for the anniversary festivities as the SISFU community gathered in unity and school spirit. As the celebration begins, everyone looks forward to the upcoming activities that will highlight collaboration, creativity, and the shared pride of being part of SISFU's growing legacy.

SCAN & WATCH HERE



"SISFU is where visionary minds come together to shape the future and create lasting impact."

"SISFU is more than just a place of innovation and forward thinking—it is a community of visionary individuals who continuously shape the future and lead with purpose. Here, you are surrounded by people who don't just imagine what's next, but actively create meaningful impact."

"SISFU truly is the place to be—today and for the years to come"

Mr. Roger Bartholomew
SISFU Founder



INDUSTRY VISIT AT HUAWEI



SISFU SHS Students Gain Real-World Tech Insights during Industry Visit to Huawei

SISFU SHS students had an insightful experience during their industry visit at Huawei, one of the world's leading technology companies. The visit offered a behind-the-scenes look at Huawei's innovative solutions in telecommunications, networking, and emerging technologies.

Participants gained firsthand knowledge of the company's operations, culture, and technological advancements, while engaging with professionals who shared their experiences and career insights. The visit not only broadened students' understanding of the tech industry but also inspired them to explore opportunities in technology and business innovation.

The SISFU Industry Visit at Huawei highlighted the importance of connecting classroom learning with real-world applications, providing students with valuable exposure to the fast-evolving world of technology.



GDO 2026 SISFU PALADINS EDITION



Global Dimensions Olympiad 2026: SISFU Paladin Edition

The SISFU Paladin Edition of the Global Dimensions Olympiad brought together four fierce teams—Golden Griffins, Blue Titans, Maroon Dragons, and White Foxes—in an exciting battle of knowledge and strategy. Participants tested their wits through quizzes covering General Information, Business, and Technology, showcasing not only their recall skills but also their critical thinking and teamwork.

After rounds of intense competition, the Golden Griffins emerged as champions, followed by the Blue Titans as 1st runner-up, the Maroon Dragons as 2nd runner-up, and the White Foxes in 3rd place. Each team contributed to a thrilling and memorable contest.

The event highlighted the spirit of learning, healthy rivalry, and camaraderie among students, proving once again that knowledge can be both challenging and fun.

GOLDEN GRIFFINS



BLUE TITANS



MAROON DRAGONS



WHITE FOXES





SISFU GOT TALENT 2026



SISFU Got Talent 2026 showcases Exceptional Talent and Community Spirit

SISFU Got Talent was one of the most exciting highlights of our 28th Founding Anniversary, with the stage bursting with energy, the crowd cheering nonstop, and every performance met with overwhelming support from the SISFU community. From the first act to the final announcement, the venue was alive with applause and proud moments, as our talented participants shared their courage and heart on stage. This is the true SISFU spirit! **Congratulations to all the winners!**



Chole Diga



Sophia Velasco



Crystoph Anthony Paculan



Patrick Javier



Troy Clutario



Jazzmin Buenavidez & Gelson Beleno



EDSA PEOPLE POWER



Igniting the EDSA Spirit: Commit to Courage, Unity, and Responsible Citizenship

In a meaningful reflection on the EDSA People Power Revolution, SISFU students explored how they can embody the spirit of the EDSA Revolution in their daily lives. Prompted with the question, "As a student, I embody the spirit of the EDSA People Power I by...", participants shared thoughtful responses that emphasized courage, unity, responsibility, and advocacy for what is right.

This activity encouraged students to connect the lessons of history with their present role as learners and citizens, highlighting the importance of standing up for justice, collaborating for positive change, and making a difference in their communities. Through reflection, students not only honored the legacy of EDSA People Power, but also affirmed their commitment to fostering a more engaged and responsible society.



SISFU TALKS



SISFU Talks: Laudato Si' Inspires Community to Champion Environmental Stewardship and Sustainable Action

SISFU hosted an enlightening session of SISFU Talks focusing on Laudato Si', Pope Francis' encyclical on care for our common home. The talk emphasized the importance of environmental stewardship, sustainability, and social responsibility, encouraging students and faculty to reflect on their role in protecting the planet.

Participants explored practical ways to integrate eco-friendly habits into daily life, from reducing waste to promoting renewable energy and advocating for environmental justice. SISFU Talks: Laudato Si' inspired the community to not only understand global ecological challenges, but also take meaningful action toward a sustainable and compassionate future.





ALUMNI FIRESIDE CHAT



Turning Ambition into Achievement: A Journey Beyond Graduation



Fatima Muhsen shared her journey in the corporate world, giving students a firsthand look at professional life after graduation. She offered practical tips, real-life examples, and valuable insights on navigating challenges, building a career, and seizing opportunities.

Her talk inspired attendees to plan their paths strategically while staying adaptable and motivated.

Fatima Muhsen





PAWSITIVE CONNECTIONS: A VISIT WITH PURPOSE



PAWSitive Connections: A Visit with Purpose

As part of SISFU's 28th Anniversary celebration, students and staff came together for a meaningful outreach initiative titled PAWSitive Connections: A Visit with Purpose at the Philippine Animal Welfare Society (PAWS).

United by compassion, the SISFU community shared warmth and kindness through heartfelt donations for the shelter's furry residents. Contributions such as pet food, cleaning supplies, and other essential items were given to support the care and well-being of rescued animals.

More than a simple donation drive, the visit was a powerful reminder that true education extends beyond the four corners of the classroom. It is rooted in empathy, responsibility, and meaningful action. Through this initiative, students experienced firsthand how small acts of kindness can make a significant difference.



SISFUN HOUSE CUP GAME NO. 4



The Final Showdown: Rally for Your House!

The Final House Cup of the season lit up the SISFU Gym as the **Maroon Dragons** hosted the ultimate showdown on February 27, 2026. Basketball and volleyball matches had everyone cheering for their houses, showcasing fierce competition, teamwork, and unforgettable school spirit!





CALENDAR OF ACTIVITIES



**DON'T
FORGET**

March 6, 2026

From Fit Check to First Day: Winning in the Professional World by Ms. Lorna Gamboa

March 7, 2026

International University Fair 2026

March 2-6, 2026

Term 2 Completion Week (FLEX)

March 9-13, 2026

Term 2 Completion Week (F2F)

March 16, 2026

Start of Term 3

March 20, 2026

UniEd

March 21, 2026

International Students Circle Cultural Immersion

March 27, 2026

Ernst and Young

March 28, 2026

SISFU SHS Prom 2026





CALENDAR OF ACTIVITIES



**DON'T
FORGET**

March 31, 2026

SGEN Business Planning Competition
Registration Deadline

April 1-3, 2026

Holy Week Break

April 6, 2026

Resumption of Classes

April 8, 2026

Deadline of Early Registration for
WSC Manila Round

April 9, 2026

Day of Valor

April 10, 2026

Term 2 PTC





VALUE OF THE WEEK



Growing in Emotional Stability



“We need to acknowledge our emotions... as something valuable.”
-Ramona Hacker

In this TEDx talk, Ramona Hacker explains the importance of emotional intelligence and how it helps people understand and manage their emotions. She shares six practical steps to become more aware of feelings, reflect on their causes, and respond to them in healthier ways. Developing these skills can improve relationships, decision-making, and overall well-being.



SCAN HERE



SOCIO-EMOTIONAL LEARNING CORNER



Know Your Feelings, Grow Your Strength

Why it Matters

Emotional intelligence helps students understand and manage their emotions, communicate better with others, and make thoughtful decisions. When students develop emotional awareness, they become more resilient, calm under pressure, and better at building healthy relationships. These skills also support academic success and overall well-being.

SEL Skills Developed

1. Self-Awareness - Recognizing your emotions and understanding why you feel that way.
2. Self-Management - Controlling reactions and handling stress or frustration.
3. Social Awareness - Understanding and respecting the feelings of others.
4. Relationship Skills - Communicating clearly and building positive relationships.
5. Responsible Decision-Making - Thinking carefully before acting and choosing positive behaviors.

Practical Tips for Students

1. Pause before reacting. Take a deep breath and think before responding when emotions are high.
2. Name your emotions. Identify whether you feel stressed, excited, frustrated, or worried.
3. Reflect on your feelings. Ask yourself what caused the emotion and what you can learn from it.
4. Practice empathy. Try to understand how others may feel in different situations.
5. Talk about your emotions. Share your thoughts with a trusted friend, teacher, or family member.



MEDICAL CORNER



Fitness Goals for Students

Your Healthy Lifestyle Guide



Do's ✓



Stay Active Daily:

Walk, jog, cycle, or do home workouts.



Eat Balanced Meals:

Fruits, veggies, whole grains & protein.



Stay Hydrated:

Drink 6-8 glasses of water a day.



Prioritize Sleep:

Get 7-9 hours of rest each night.



Take Breaks:

Stretch and move during study sessions.



Set Realistic Goals:

Start small and increase gradually.



Don'ts X



Skip Meals:

Don't skip breakfast or fast.



Overconsume Junk Food:

Limit chips, sugary drinks & fast food.



Stay Sedentary:

Avoid long hours of sitting.



Ignore Mental Health:

Stress affects your well-being too.



Compare Yourself:

Fitness is personal, not a competition.



Overtrain:

Don't overdo it; rest to prevent injuries.



STUDY HABITS



The making-of model: To determine your future, first understand your past

- Reflect on the Past - Think about your previous study habits and experiences.
- Spot Learning Patterns - Notice which methods or subjects you perform best in.
- Learn from Mistakes - Review errors to avoid repeating them.
- Reuse What Works - Continue using study strategies that helped you succeed.
- Set Better Goals - Use past experiences to guide your future academic plans.





AROUND SGEN



SISFU's GLOBAL MINDS UNITE

WORLD UNIVERSITY FAIR 2026

AYALA MALLS BY THE BAY
SATURDAY | MARCH 7, 2026

Event Highlights

- FREE ACADEMIC COUNSELING
- STUDY ABROAD OPPORTUNITIES



REGISTER HERE!



IN PARTNERSHIP WITH:



SUPPORTED BY:





AROUND SGEN



SUMMER Fest 2026

BATTLE OF THE BANDS



**COLLEGE OPEN HOUSE
MARCH 7, 2026 | 8:00AM**

More Fest Highlights:

- Free Admission & Scholarship Exam (for Incoming Freshmen and Transferees)
- Career Talk
- Free Food
- Campus Tour
- Carnival and Games



Andrew E.
Guest Performer



**EVENT
REGISTRATION**

Nash Aguas
Meet and Greet



**Tickets for Battle
of the Bands**

Mika Dela Cruz
Meet and Greet

CONTACT US: pr@southville.edu.ph | 8825-6374



BE A SISFU PALADIN TODAY!



SOUTHVILLE INTERNATIONAL SCHOOL
AFFILIATED WITH FOREIGN UNIVERSITIES

Pearson

2 + 2 PROGRAMME

ACCELERATED UK SENIOR HIGH SCHOOL



ADVANCE YOUR CAREER BY EARNING
THESE CREDENTIALS

- SHS DIPLOMA
- PEARSON HIGHER NATIONAL CERTIFICATE
- UK BACHELOR'S DEGREE

Enrol Now!



JEREMIAH ONG
TRAVEL VLOGGER/CONTENT CREATOR
SENIOR HIGH SCHOOL STUDENT

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SISFU SENIOR HIGH SCHOOL

Where Students Thrive

ACKNOWLEDGEMENT FORM



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Southville

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UK DEGREES IN THE PHILIPPINES. YOUR GLOBAL FUTURE IS WAITING!
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