



SOUTHVILLE INTERNATIONAL SCHOOL AFFILIATED WITH FOREIGN UNIVERSITIES

SPB Issue No. 27 | ACADEMIC YEAR: 2025 – 2026 | March

STUDENTS AND PARENTS' BULLETIN

Senior High School

TERM 3: FINISH STRONG, PALADINS

As we begin Term 3, the final term of this academic year, we encourage all SHS Paladins to stay focused and finish strong. This is the last stretch of your journey for AY 2025–2026—an opportunity to apply everything you have learned, accomplish your remaining requirements, and celebrate the progress you have made. Let us continue to support one another and make this final term meaningful and memorable.

VISION

SISFU will be the leading transnational university that develops global leaders and professionals. It is distinguished by its excellent academic standards, outstanding instructional methodologies, relevant research, high levels of student achievement, a culture of innovation, and strong partnerships with ranked educational institutions. Its graduates are sought after by top national and global organizations.



MISSION

SISFU, the premier transnational university in the Philippines, delivers globally-relevant quality undergraduate and graduate programmes developed by accredited educational partners from the UK, Australia and the USA. Using rigorous international standards in instruction, assessment and research, and supported by excellent facilities, highly-qualified faculty and industry collaboration, SISFU prepares students to be globally competitive, competent professionals, successful entrepreneurs, leaders and movers of society.



CLASS SCHEDULE & STUDENT ACCESS KIT



FACE TO FACE CLASSES



Kindly scan the QR code provided to access and view your **class schedule** conveniently. Make sure to check the details carefully so you can stay updated and prepared for your classes.

Class Schedule

Kindly scan the QR code provided to access your **Student Access Kit** conveniently. Inside, you will find the Moodle course access codes and links for your subjects.



Student Access Kit



CLASS SCHEDULE & STUDENT ACCESS KIT



FLEX CLASSES



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Student Access Kit



TERM 3 MICROCREDENTIALS



Dear SHS Paladins,

Good day!

We are pleased to share the Micro-credentials for Term 3. Please review the attached file for the list of available courses. These courses are designed to help you develop new skills, strengthen your knowledge, and explore your interests.

You are required to complete at least one course this term. Students who complete more than one Micro-credential may receive an Go Extra Mile Award.

The Micro-credentials will commence on March 16, 2026, and the deadline for completion is June 5, 2026. Please manage your time wisely and complete the course(s) within the given period.

Thank you and we wish you a meaningful learning experience.





CALENDAR OF ACTIVITIES



**DON'T
FORGET**

March 16, 2026

Start of Term 3

March 20, 2026

Eid'l Fitr

March 26, 2026

Macquarie University Masterclass

March 27, 2026

Las Pinas Day

March 28, 2026

SISFU SHS Prom 2026

March 31, 2026

SGEN Business Planning Competition Registration Deadline

March 30 - April 3, 2026

Holy Week Break

April 6, 2026

Resumption of Classes

April 8, 2026

Deadline of Early Registration for WSC Manila Round

April 9, 2026

Day of Valor

April 10, 2026

Term 2 PTC / Submission of Business Plans





SHS PROM 2026



YOU ARE INVITED TO



THE MIDNIGHT MYSTIQUE

A SENIOR HIGH SCHOOL MASQUERADE BALL

Beneath the stars, behind the mask, beyond the ordinary:
A grand masquerade to remember forever.

28 March 2026 at 4:00 PM at

Grand Westside Hotel, Manila



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The Midnight Mystique is the enchanting spirit of a masquerade night where elegance, mystery, and celebration meet. Beneath the stars and behind the mask, it represents a moment beyond the ordinary—an unforgettable evening where memories, friendships, and the magic of the night come together.

Attire:

We kindly ask you to follow the color palette of Black, Silver, Burgundy, and Midnight Blue, reflecting the evening's mysterious and sophisticated atmosphere.





VALUE OF THE WEEK



Standardizing: Setting Procedures for Cleanliness



"We can't know it all. We can't do it all by ourselves."
-Atul Gawande

In this TED Talk, Atul Gawande explains how checklists and standardized procedures help professionals follow critical steps consistently. He shows that in complex environments like hospitals, these systems reduce errors, ensure cleanliness, and improve outcomes, proving that routines and teamwork are essential for safety and quality.



SOCIO-EMOTIONAL LEARNING CORNER



Learning from Standardized Procedures and Teamwork

Why it Matters

Even small mistakes or missed steps can have big consequences, whether in hospitals or in daily life. Atul Gawande shows that using routines, checklists, and teamwork helps us stay organized, consistent, and safe. For students, this matters because applying structured habits and collaboration improves learning, personal responsibility, and well-being.

SEL Skills Developed

1. Self-Management – Follow routines and stay organized.
2. Responsible Decision-Making – Think through consequences and make good choices.
3. Social Awareness – Consider how your actions affect others.
4. Relationship Skills – Work well with others and communicate clearly.
5. Self-Awareness – Know your limits and when to ask for help.

Practical Tips for Students

1. Self-Management – Stay organized.
2. Decision-Making – Make responsible choices.
3. Social Awareness – Consider others.
4. Relationship Skills – Work well with others.
5. Self-Awareness – Know your limits.



Common Symptoms:

-  Bloating
-  Heartburn
-  Nausea
-  Stomach Pain
-  Feeling Full Quickly

Causes:

- ✓ Overeating or Eating Too Fast
- ✓ Spicy, Fatty, or Greasy Foods
- ✓ Stress & Anxiety
- ✓ Certain Medications

Tips to Prevent Indigestion:

- 1 Eat Smaller, Frequent Meals
- 2 Chew Food Slowly
- 3 Avoid Trigger Foods & Drinks
- 4 Reduce Stress with Relaxation
- 5 Stay Upright After Eating

What is Indigestion?

A common digestive problem causing discomfort in the upper abdomen.



STUDY HABITS



The role-playing model (Belbin & de Bono): How to change your own point of view

- Reflect Daily: See situations from another view.
- Role Play: Act like a different team role.
- Mind Map: Use Thinking Hats for new perspectives.
- Question Assumptions: Ask, "What if I saw this differently?"
- Discuss: Listen and learn from others' views.





AROUND SGEN



SISFU transforms students' lives and builds global success stories.



"What began as a bold vision in 1998 has become a leading model of quality, innovation, and opportunity for more than 1,500 alumni who once walked these halls, sat in the same chairs, and are now thriving in their careers around the world.

When it comes to transnational education, I can confidently say that nobody does it better than SISFU."

Dr. Jocelyn Tizon
SISFU President





BE A SISFU PALADIN TODAY!



SOUTHVILLE INTERNATIONAL SCHOOL
AFFILIATED WITH FOREIGN UNIVERSITIES

Pearson

2 + 2 PROGRAMME

ACCELERATED UK SENIOR HIGH SCHOOL



ADVANCE YOUR CAREER BY EARNING
THESE CREDENTIALS

- SHS DIPLOMA
- PEARSON HIGHER NATIONAL CERTIFICATE
- UK BACHELOR'S DEGREE

Enrol Now!



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Where Students Thrive

ACKNOWLEDGEMENT FORM



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Southville

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