



**SOUTHVILLE INTERNATIONAL SCHOOL
AFFILIATED WITH FOREIGN UNIVERSITIES**

SPB Issue No. 05 | ACADEMIC YEAR: 2025 – 2026 | September

STUDENTS AND PARENTS' BULLETIN

Senior High School

VICTORY OF THE NEWLY ELECTED SHS SOCIETY OFFICERS



VISION

SISFU will be the leading transnational university that develops global leaders and professionals. It is distinguished by its excellent academic standards, outstanding instructional methodologies, relevant research, high levels of student achievement, a culture of innovation, and strong partnerships with ranked educational institutions. Its graduates are sought after by top national and global organizations.



MISSION

SISFU, the premier transnational university in the Philippines, delivers globally-relevant quality undergraduate and graduate programmes developed by accredited educational partners from the UK, Australia and the USA. Using rigorous international standards in instruction, assessment and research, and supported by excellent facilities, highly-qualified faculty and industry collaboration, SISFU prepares students to be globally competitive, competent professionals, successful entrepreneurs, leaders and movers of society.

The Senior High School community proudly congratulates the newly elected officers of the SHS Society! After a spirited campaign and election period, our student body has chosen a strong lineup of leaders who will serve and represent their fellow Paladins for the academic year.

Leading the SHS Society is Bernadine Ryza Sadac, elected as President, with JC Roman as Executive Vice President and Zane Schuyler Tinimbang as Internal Vice President. Supporting them in key roles are Jeslyn Chou as Secretary and Jan Matthew Vives as Treasurer.

Representing the strands are Mary Kaila Gors for ABM, Princess Shrine Mabanta for GAS, and Crytoph Pcaulan for ICT. Together, they form a dynamic team ready to carry forward the voice of the student body and bring meaningful initiatives to life.

The entire SHS community extends its warmest congratulations to the new officers. May this victory mark the beginning of impactful leadership, collaboration, and service as they champion the interests of their fellow students.





University of Technology Sydney



UTS Workshop at SISFU: Inspiring Students, Shaping Futures

The recently concluded UTS Workshop, held on September 16, 2025, at the 3rd Floor Multi-Purpose Hall, was a resounding success.

Hosted by SISFU in partnership with the University of Technology Sydney (UTS)—one of the world's Top 100 Universities—the event gave students an enriching academic experience. UTS professors shared the latest trends in Business Analytics and Computer Science, providing practical insights that bridged theory and real-world applications.

Students also received a Certificate of Attendance from SISFU, underscoring their commitment to academic growth and excellence.

The workshop's strong turnout and active participation highlighted the success of this collaboration and reinforced SISFU's dedication to delivering quality international education. The SHS Paladins community looks forward to more events that inspire, equip, and empower students for global success.



GRADE 11 STUDENTS BEGIN IXL JOURNEY IN MATHEMATICS



Grade 11 Paladins show remarkable progress in their IXL journey



The Grade 11 Paladins continue to prove their dedication and perseverance as they advance in their IXL journey. From September's initial results, the students have made impressive strides across key areas of the program.

Here's their progress at a glance:

- Questions Answered: Increased from 2,000 to 3,425
- Skills Mastered: Rose from 40% to 91%
- Skills Proficient: Jumped from 43% to 94%
- Skills Practiced: Grew from 61 to 129

These numbers reflect not just effort, but also the students' growing confidence and consistency in tackling their mathematics lessons. With more skills mastered and proficiency levels soaring, the Paladins are turning challenges into milestones of achievement.



THE SHS SOCIETY CORNER



The Senior High School Society Officers AY. 2025-2026



Bernadine Ryza Sadac
President



JC Roman
Executive Vice President



Zane Schuyler Tinimbang
Internal Vice President



Jesyln Chou
Secretary



Jan Matthew Vives
Treasurer



Mary Kaila Gors
ABM Representative



Princess Shrine Mabanta
GAS Representative



Crysrtoph Pacula
ICT Representative



CALENDAR OF ACTIVITIES



**DON'T
FORGET**

September 22, 2025

International Peace Day
Celebration

September 25, 2025

York University Masterclass

September 26, 2025

Macquarie University Masterclass

September 27, 2025

Paladin Leaders Onboarding and
Workshop

September 22-26, 2025

SHS Term 1 Midterm Assessments

September 30, 2025

Deadline of Submission of DofE
Registration





INTRODUCING GENERATION GLOBAL



Generation Global: Leaders for Tomorrow

We are proud to introduce **Generation Global**, the International Baccalaureate Organization's flagship global citizenship education programme designed for young people aged 13 to 17. Since 2009, the programme has empowered over 660,000 students and trained 18,000 teachers across more than 40 countries, equipping them with the knowledge, skills, and attitudes to become active, open-minded global citizens.

At its core, Generation Global helps students embrace diversity and navigate global challenges through the power of intercultural dialogue. The programme is built on values of equity, accessibility, inclusivity, and sustainability, ensuring that every young person—regardless of background or ability—has the opportunity to learn, share, and grow.

Through this initiative, students explore concepts such as dialogue, global citizenship, open-mindedness, culture, and identity, guided by a passionate and diverse global team dedicated to youth development.

With its sustained impact, Generation Global continues to shape the leaders of tomorrow—youth who are prepared not just to face the future, but to build it with empathy, fairness, and understanding.

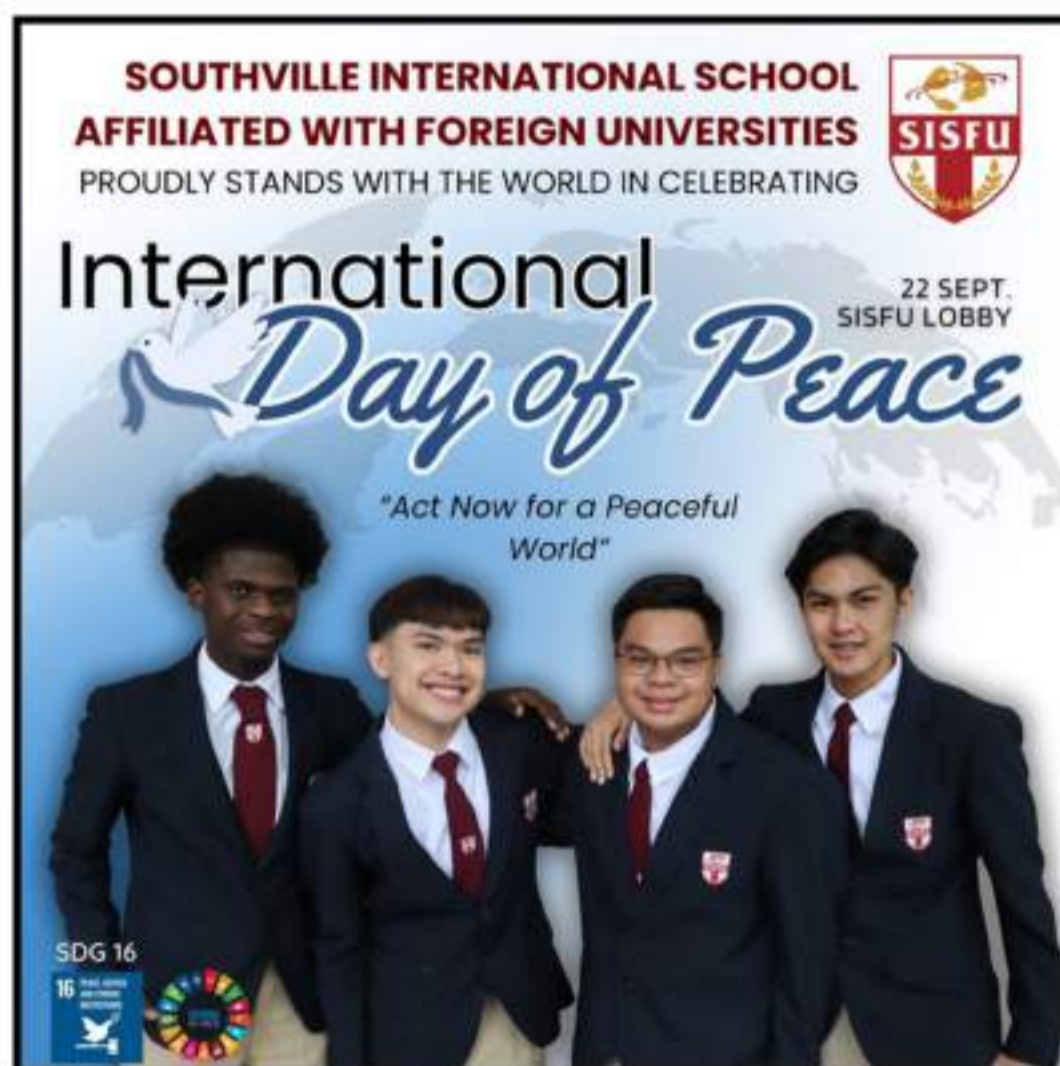


INTERNATIONAL DAY OF PEACE CELEBRATION



The United Nations observes September 21 as the International Day of Peace, promoting non-violence, unity, and harmony worldwide.

To mark this occasion, SISFU invites you to join a special project: folding 1,000 paper cranes to create a Peace Chandelier—a symbol of hope, resilience, and our shared commitment to peace.



Inspired by Sadako Sasaki's story, each crane represents a wish for healing and harmony. We'll come together as a community on Monday to fold and connect these cranes in a collective act of peace.

In line with this event, Monday will also be a Mufti Day. We encourage everyone to come in business casual attire in white, as a symbol of peace and unity.

Be part of this meaningful moment as we fold, unite, and shine together for a better tomorrow.



GLOBAL INSIGHTS FROM MACQUARIE UNIVERSITY



SOUTHVILLE INTERNATIONAL SCHOOL
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MACQUARIE
University

MACQUARIE UNIVERSITY MASTERCLASS

An Introduction to Business Analytics:
Making Smart Decisions with Data

Speaker: Dr. Hamed Jafarzadeh
Senior Lecturer, Macquarie University

September 26, 2025 (Friday)
Time: 9:00 AM - 11:00 AM
Venue: (TBA)



GLOBAL INSIGHTS FROM YORK UNIVERSITY



SOUTHVILLE INTERNATIONAL SCHOOL
AFFILIATED WITH FOREIGN UNIVERSITIES



ft. Maria João Maciel Jorge

FAST FASHION



ITS ETHICAL IMPLICATIONS

SEPT. 25, 2025

SISFU Multipurpose Hall

9:00 AM – 11:00 AM

4 QUALITY EDUCATION



12 RESPONSIBLE CONSUMPTION AND PRODUCTION





VALUE OF THE WEEK

perfection
excellence
confidence
commitment
leadership
progress
accountability
unity



From Individuals to Team: The Power of Teaming



"It's hard to learn if you already know."

Amy Edmondson

[▶ WATCH NOW](#)



SOCIO-EMOTIONAL LEARNING CORNER



From Strangers to Team

Why it matters:

Working with strangers is part of school, work, and life. Whether in group projects or new environments, success depends on how quickly we build trust, share ideas, and adapt. When students learn how to collaborate with people they don't know, they strengthen their confidence, empathy, and problem-solving skills.

SEL Focus Skill:

Relationship Building & Collaboration – developing the ability to connect, communicate, and cooperate with others while respecting diverse perspectives.

Practical Steps for Students:

1. **Be Open and Curious** – Instead of assuming you know everything, ask questions and listen actively to your teammates.
2. **Acknowledge Everyone's Role** – Recognize each member's strengths, talents, and ideas. Small affirmations go a long way.
3. **Create Psychological Safety** – Make it safe for others to share their thoughts without fear of being judged.
4. **Adapt and Learn Together** – Mistakes are part of teaming. Focus on learning and adjusting as a group rather than blaming.
5. **Practice Quick Connections** – Introduce yourself, share one thing about your skills/interests, and ask others about theirs to build rapport faster.



MEDICAL CORNER



Life can get overwhelming at times, but small habits—like getting enough sleep, staying organized, exercising, limiting screen time, and practicing self-kindness—can make a big difference. Prioritizing these simple steps helps keep your mental health strong in any season of life.

[LEARN MORE](#)





STUDY HABITS



“Unlock Your Study Potential”

1. **Pre-study Warm-up** - Spend 5 minutes skimming headings, diagrams, or summaries before diving into deep study to activate prior knowledge.
2. **Interleaving** - Mix different but related subjects or problem types in one study session (e.g., Math + Physics) to strengthen flexible thinking.
3. **Mind Mapping** - Draw connections between concepts visually instead of only writing linear notes.
4. **Set Micro-Goals** - Define exactly what you'll achieve in one sitting (e.g., “Solve 10 practice problems” instead of just “Study Math”).
5. **Use the Feynman Technique** - Pretend you're teaching a beginner; simplify concepts until they're crystal clear.





STUDY HABITS



Essential Strategies for Achieving Exam Success

- 1. Start early & space out study sessions:** Avoid cramming. Spread study time over multiple sessions for better long-term memory retention.
- 2. Test your memory:** Use active recall by testing yourself with quizzes, flashcards, or past papers to reinforce learning.
- 3. Stay focused:** Minimize distractions by turning off your phone and working in a quiet environment to improve concentration.
- 4. Use concentration tactics:** Try the Pomodoro method—study in 25-minute blocks with breaks to stay focused and motivated.
- 5. Look after your wellbeing:** Eat well, exercise, take breaks, and get enough sleep to reduce stress and improve cognitive function.
- 6. Practice breathing exercises:** Use deep breathing to reduce stress and manage anxiety.
- 7. Be confident:** Trust in your preparation and stay positive about your progress.





DISCIPLINE CORNER



Discipline Corner: Public Display of Physical Intimacy

As Paladins, we are called to uphold respect, professionalism, and responsibility in everything we do—both inside and outside the school. The way we carry ourselves reflects not only on us as individuals but also on the entire SHS community that we represent.

One of the important reminders from the SHS Student Handbook (Section 22, Item 22.1.2.32) is the prohibition of public displays of affection or intimacy. These actions are discouraged because they may be seen as inappropriate in academic settings and do not reflect the values of discipline and professionalism that our school upholds.

This guideline applies in the following situations:

- While inside the school premises
- During academic or school-related activities outside the campus
- When wearing the school uniform in public spaces

By observing proper decorum, students show not only self-respect but also consideration for the learning environment of others. More importantly, it reinforces the image of the Paladin community as one that is disciplined, respectful, and mindful of how it is perceived both within and outside school grounds.

Let us always remember that being a Paladin means living up to high standards of conduct. By practicing discipline and integrity in all circumstances, we contribute to creating a safe, respectful, and positive environment for everyone.



DISCIPLINE CORNER



Online Class Guidelines (Based on SHS Student Handbook Appendix D)

Before Class

- Follow your daily routine and know your weekly class schedule.
- Set up in a quiet, comfortable study space (avoid bed/sofa).
- Prepare your device 10–15 minutes early.
- Review materials or readings sent in advance.
- Wear your uniform (Type A or B) or civilian clothes that follow the dress code.
- Use only your official SGEN email and Google chat for communication.
- Inform your teacher if you have internet/data issues and adjust video settings if needed.

During Class

- Be present for roll call at the start and end of each session.
- Mute your microphone when not speaking.
- Complete tasks honestly and with integrity.
- Follow online etiquette and be a responsible digital citizen.

After Class

- Take note of submission dates and submit requirements on time.
- If challenges arise, inform your teacher and Dean/Programme Head.
- Regularly check updates and newsletters from Academic Offices.



PALADINS' PAGE

I noticed that the yarn represents how everyone is connected in one way or another. It shows that no matter our differences, we find ways to connect and share, giving each other a platform to voice our thoughts.

- Mary Kaila Gors

If someone lets go, it shows how easily connections or a community can fall apart. Having a sense of community means being tolerant and mindful of others.

- Bernadine Ryza Sadac

Our yarn web shows our connection despite our differences, as the yarn interlocks us into one small community. Even when a new yarn color is added, there is always a way to connect it with the rest.

- Sarah Lugod



SENIOR HIGH SCHOOL HIGHLIGHTS

PALADINS





SHS VARSITY JACKET




Wear the Paladin Spirit. Live the Legacy.

Gear up, SHS! The Society Varsity Jacket is finally here—more than just a jacket, it's a badge of pride and community. Get yours now and show off your SHS Paladin pride in style!



ORDER NOW



UNISEX

ACCEPTABLE TOLERANCE ± 0.5" MEASUREMENTS ARE IN INCHES

SIZE	CHEST	BODY LENGTH
XS	20"	25.5"
S	21"	26.5"
M	22"	27.5"
L	23"	28.5"
XL	24"	29.5"
2XL	26"	31.5"
3XL	27"	32.5"

THE STUDENT COUNCIL PODCAST



We're excited to bring you the next episode of the Student Council Podcast, featuring none other than Ms. Teresita Ngan-Tian, the powerhouse behind Lots'a Pizza—one of the Philippines' fastest-growing and most-awarded pizza franchises.

In this episode, "Lots'a Pizza, Lots of Wisdom: Growing a Profitable Pizza Franchise", Ms. Ngan-Tian shares her inspiring journey of building a beloved homegrown brand, the fundamentals of franchising, and the invaluable lessons learned from turning passion into a thriving business.

Don't miss this engaging and insightful conversation that will surely motivate future leaders and entrepreneurs!





AROUND SGEN



Southville International School and Colleges
have officially achieved and hereby announces the successful passing in

PACUCOA LEVEL IV ACCREDITATION

- ✓ BS Nursing
- ✓ BS Psychology
- ✓ BS Information Technology
- ✓ BS Business Administration

(2025 - 2030)

LEVEL I FORMAL ACCREDITATION

- ✓ AB Multimedia Arts
- ✓ BS Accountancy
- ✓ Master of Arts in Psychology
- ✓ Master in Information Technology
- ✓ Master in Business Administration

(2025 - 2028)



A testimony which proves that Monarchs receive
high-quality and world-class education.





BE A SISFU PALADIN TODAY!



SOUTHVILLE INTERNATIONAL SCHOOL
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SISFU DECEMBER 6, 2025 KALEIDOSCOPE



Janine Teñoso
Singer/Songwriter
Business Management Alumni,
De Montfort University

A benefit concert
featuring all
SISFU Ambassadors
and
Talented Students



TICKETS HERE!

A Talent Journey Through Every Hue

SISFU SENIOR HIGH SCHOOL

Where Students Thrive

ACKNOWLEDGEMENT FORM

Please acknowledge that you have received this Students and Parents' Bulletin by clicking the link above.



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SOUTHVILLE INTERNATIONAL SCHOOL AFFILIATED WITH FOREIGN UNIVERSITIES
UK DEGREES IN THE PHILIPPINES. YOUR GLOBAL FUTURE IS WAITING!
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