



STUDENTS AND PARENTS' BULLETIN

SPB Issue No. 01 | ACADEMIC YEAR: 2025 – 2026 | August

**SOUTHVILLE INTERNATIONAL SCHOOL
AFFILIATED WITH FOREIGN UNIVERSITIES**

Senior High School

WELCOME MESSAGE FROM THE PRINCIPAL

To our returning Senior High School students, welcome back! And to our new SISFU SHS Paladins, welcome home! This academic year marks more than just another chapter in your educational journey. It signifies the beginning of a transformative experience that promises to be meaningful, dynamic, and full of growth.

As members of Generation Z, you are digital natives, born into a world of constant innovation, limitless opportunities, and voices that have the power to influence and inspire. Therefore, it is only fitting that I speak to you the way your generation listens: with clarity, authenticity, and purpose. You deserve an academic year that aligns with your values, your pace, and your potential to create meaningful impact.



John George P. Pastor
SHS Principal

VISION

SISFU will be the leading transnational university that develops global leaders and professionals. It is distinguished by its excellent academic standards, outstanding instructional methodologies, relevant research, high levels of student achievement, a culture of innovation, and strong partnerships with ranked educational institutions. Its graduates are sought after by top national and global organizations.



MISSION

SISFU, the premier transnational university in the Philippines, delivers globally-relevant quality undergraduate and graduate programmes developed by accredited educational partners from the UK, Australia and the USA. Using rigorous international standards in instruction, assessment and research, and supported by excellent facilities, highly-qualified faculty and industry collaboration, SISFU prepares students to be globally competitive, competent professionals, successful entrepreneurs, leaders and movers of society.

Before we move forward, let me take a moment to sincerely thank the parents and guardians of our students for their trust and continued partnership. Your support is a vital part of our shared mission, and we are honored to walk alongside you in shaping the future of these young leaders.

Let us now turn to something that lies at the very heart of our identity: **the PALADIN Spirit**. This is more than just school pride. It is the essence of who we are as a community. It is grounded in the 5Cs Culture, a set of core values that define us as SISFU Paladins:

- Competence – You possess the knowledge and skills to succeed. And if you do not yet, you have the drive to learn.
- Character – You lead with integrity, respect, and compassion in everything you do.
- Commitment to Achieve – You persevere through challenges and pursue excellence with unwavering dedication.
- Collaboration – You understand that collective success is greater than individual effort. We rise by lifting one another.
- Creativity – You embrace innovation, think boldly, and craft solutions to real-world problems.

This is what it means to live the Paladin Spirit. This is what it means to be part of SISFU.

And with great pride, I would like to acknowledge your achievements. Last academic year, the SISFU SHS Society was honored as the Most Outstanding Student Organization of the Year, and received the prestigious Gold Excellence Award, a testament to your leadership, innovation, and collaborative excellence. This recognition was not earned by chance. It was a direct result of your passion, commitment, and drive to surpass expectations.

Now, as we begin this new academic year, it is your turn to continue that legacy and to elevate it even further. We are not here to simply repeat the past. We are here to raise the bar, to set new standards of excellence, and to push the boundaries of what we can achieve together.

At SISFU, we do not merely prepare students for the future. We prepare multihyphenated leaders: individuals who are not defined by a single role or title, but by a dynamic and multifaceted identity.

To be multihyphenated is to have the courage to say:

I am not just a student – I am also a leader, a designer, a coder, a writer, a strategist, a founder.

Just look to the changemakers of our time:

- Malala Yousafzai – education advocate – author – Nobel Peace Prize laureate
- Simone Biles – Olympic gymnast – mental health advocate – entrepreneur
- Gitanjali Rao – inventor – scientist – STEM advocate – TIME Kid of the Year
- Greta Thunberg – student – climate activist – global voice for change
- Lisa of BLACKPINK – performer – brand ambassador – entrepreneur – mentor

Each of them has redefined what success looks like by fusing purpose with talent, knowledge, and skill.

So here is my challenge to you this academic year: Be more than one thing. Be multihyphenated. Embody the 5Cs in every endeavor. Turn your potential into purposeful action. Build your capabilities, strengthen your voice, and become a force for positive change both within our campus and beyond it.

Whether you are leading a team, initiating a project, creating content, exploring your passions, or discovering who you are, do it with purpose. Do it with excellence. Do it with your Paladin Spirit, every single day.

Let us work together to make this school year not only memorable, but truly legendary.

Are you ready, SHS Paladins?

Let's begin.





SENIOR HIGH SCHOOL STUDENT PREPARATORY PROGRAM



Last August 14 and 15, our Senior High School Paladins gathered for the Student Preparatory Program (SPP)—a two-day welcome event designed to gear them up for the Academic Year 2025–2026.

Through fun games, insightful discussions on school policies, and community-building activities, students were oriented, engaged, and inspired to start the year with confidence and purpose.

With SPP as their starting line, our Paladins are all set to embrace the journey ahead.

[WATCH VIDEO](#)



#Where Students Thrive



SENIOR HIGH SCHOOL COFFEE CHAT WITH PARENTS



On August 15, 2025, the Senior High School Department held its Parents Orientation: SHS Coffee Chat with Parents at SISFU Bistro Lima. The session, led by SHS Principal Mr. Gio Pastor, served as an avenue to strengthen collaboration between the school and parents. During the program, Mr. Pastor also presented the accomplishments of the SHS Department from the previous academic year and outlined the plans for the new one.

Mr. Daniel Steel, Dean of Academics, introduced the academics team and the SISFU Institutional Culture. Ms. Cris Aguilar-Borja, Executive Director for Institutional Affairs, introduced the Institutional Team and Services, highlighting the support structures in place to ensure the students' success.

The event was further graced by Dr. Melva Diamante, SISFU Chairman, who delivered a heartfelt special message, reinforcing the school's commitment to excellence and partnership with families.

[WATCH VIDEO](#)



#Where Students Thrive



YEAR-END INSTITUTIONAL SURVEYS



*Institutional Survey from
Students*

4.80

Target: 4.30

*Institutional Survey from
Parents*

4.82

Target: 4.30

The SHS Department extends its heartfelt gratitude to our dear students and parents for the positive feedback you shared with us in the previous academic year. Your appreciation, trust, and continued support truly inspire us to strive harder in providing excellent service and meaningful learning experiences.

We are humbled and overjoyed that these sentiments were reflected in the results of the Students and Parents Year-End Institutional Surveys, where your voices affirmed the efforts of our teachers, staff, and administrators. This recognition is not only a testament to the dedication of our SHS community, but also a reminder that our shared commitment to quality education makes a real difference in the lives of our learners.

As we begin a new academic year, we carry with us the encouragement you have given. Together, let us continue to build a nurturing and empowering environment where every Paladin can grow, thrive, and shine.



SHS PALADIN'S CORNER

GIAN KYLE M. BULAWIN



My name is Gian, I'm a Year 2 Business Management student here at SISFU, and I'm honored to be speaking with you today. I'd like to share a bit about my journey in this school, and how my parents' guidance and support have played such a big role in that experience.

Before coming to SISFU, I was in a school where I had limited room to grow. I was introverted, unsure of my abilities, and I honestly didn't expect much from myself.

When I first started here, I was balancing a lot: I'm an academic achiever, I run my own business, I have many hobbies, and I value spending time with friends. Honestly, I was scared that I might not be able to manage it all.

But SISFU's flexible schedule changed that. It gave me the space to pursue all the things I love while still focusing on my studies. And that's what I love the most about this school—it encourages us to not just be students, but to also explore other passions and even start building a career early on.

And even with that flexibility, the quality of education remained excellent—in fact, I've learned so many things I could apply right away in real life. As someone passionate about business and eager to learn as much as possible, I can honestly say I'm deeply satisfied with everything I've gained over the past two years. That's because of the teachers here who are highly knowledgeable in their fields and genuinely passionate about bringing out the best in their students.

More to that, SISFU also has a culture of pushing students beyond their limits—and I can speak from experience. Before, I had no interest in joining academic competitions, speaking in front of an audience, or getting involved in extracurricular activities. But with encouragement from my principal, teachers, and friends, I found myself joining debates, business plan competitions, and even the SGEN Cup—despite not knowing how to play any sports.

Those experiences pushed me out of my comfort zone and made me realize, “I can do this” and “I can do that.” Along the way, I developed skills like critical thinking, time management, and teamwork—skills I’ll carry with me beyond school.

Despite my weaknesses and struggles, SISFU shaped me into a stronger, better person—and I graduated at the top of my class.

And that’s when I realized: the right environment changes everything. Sometimes, it’s the people around us who shape who we become, and for most of us, those people are our parents.

My parents have always been with me throughout my academic journey. Not only are they the reason why I’m here, but also why I strive.

My mom has been my biggest supporter. No matter how things turn out—whether I place first or come in last—she has always been proud of me. Even something as simple as posting me on Facebook made me feel valued and seen. It reminded me that someone was always in my corner, cheering me on. And that’s what encouraged me to keep doing well, because I knew that, one way or another, someone would always be proud of me.

My dad, on the other hand, wasn’t always present, but he was always supportive. A simple good luck text from him during competitions made me feel stronger. He would never forget to reward me with gifts or a celebration after every accomplishment, and that’s what keeps me going—because I always have something to look forward to.

Both of them have never pressured me. They trusted me to choose my own path, offering guidance when I needed it. They never scolded me for failing—instead, they always reminded me that it’s simply part of learning and growing.

So to all the parents out there—please know how big of an impact you have on your children’s lives. Your support doesn’t just influence grades; it shapes who they become. Support them in the things they love, because at the end of the day, that’s what makes them happy, and that’s what pushes them to do better. The encouragement you give, the trust you show, and the belief you have in them will guide them through challenges and give them the courage to take on new opportunities.





CLASS SCHEDULE & STUDENT ACCESS KIT



FACE TO FACE CLASSES



Class Schedule

Kindly scan the QR code provided to access and view your **class schedule** conveniently. Make sure to check the details carefully so you can stay updated and prepared for your classes.

Kindly scan the QR code provided to access your **Student Access Kit** conveniently. Inside, you will find the Moodle course access codes and links for your subjects.



Student Access Kit



CLASS SCHEDULE & STUDENT ACCESS KIT



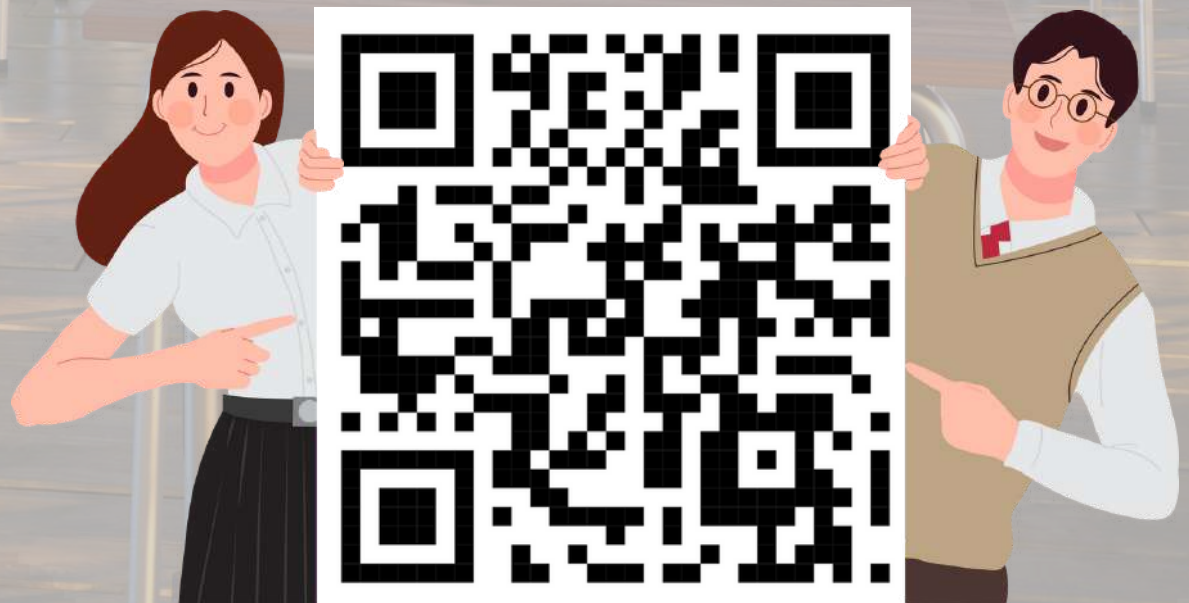
FLEX CLASSES



Kindly scan the QR code provided to access and view your **class schedule** conveniently. Make sure to check the details carefully so you can stay updated and prepared for your classes.

Class Schedule

Kindly scan the QR code provided to access your **Student Access Kit** conveniently. Inside, you will find the Moodle course access codes and links for your subjects.



Student Access Kit



CALENDAR OF ACTIVITIES

**DON'T
FORGET**

August 26, 2025

SHS Term 1 General Assembly

September 2, 2025

SHS Acquaintance Party

September 8, 2025

SHS Election Campaign

September 12, 2025

SHS Meeting De Avance | SHS
Election Day

September 22-26, 2025

SHS Term 1 Midterm Assessment





VALUE OF THE WEEK



perfection
confidence
commitment
progress
accountability
quality
chance

VALUING OPPORTUNITIES FOR GROWTH AND IMPROVEMENT



“The Power of Believing that You Can”

Carol Dweck

[▶ WATCH NOW](#)





SOCIO-EMOTIONAL LEARNING CORNER



“Every challenge is an opportunity to grow, and every mistake is a chance to improve.”

Why It Matters?

Recognizing opportunities for growth builds resilience, self-awareness, and a positive mindset. Instead of fearing mistakes, we embrace them as stepping stones toward success.

SEL Focus Skills

- Self-Awareness – Acknowledge areas where you can improve without judgment
- Self-Management – Set small, realistic goals to strengthen habits
- Responsible Decision-Making – Choose actions that support long-term growth
- Growth Mindset – Believe that effort and persistence lead to improvement

Practical Tips for Students

1. Reflect Daily – Ask: “What did I learn today that I didn’t know yesterday?”
2. Turn Mistakes into Lessons – Write down what went wrong and how to improve next time
3. Celebrate Progress – Big or small, every win matters
4. Seek Feedback – Accept constructive criticism as guidance, not judgment
5. Stay Open-Minded – Opportunities may appear in unexpected forms—welcome them

Activity Corner

- Growth Jar – Write one way you improved each week and review at month’s end.
- Affirmation Wall – Post statements like “I welcome challenges that make me stronger” or “I am capable of learning from mistakes.”



STUDY HABITS

“Level Up Your Learning: Habits for Growth and Success”



1. **Set Clear Goals** – Define what you want to achieve each week to stay focused and motivated.
2. **Seek Feedback** – Use corrections and advice from teachers as tools for learning.
3. **Review and Reflect** – Regularly revisit lessons and identify areas to improve.
4. **Manage Your Time Well** – Prioritize tasks and avoid procrastination to make the most of learning opportunities.
5. **Stay Positive Toward Challenges** – Treat difficulties as opportunities to grow, not as setbacks.



MEDICAL CORNER



AUGUST HEALTH AWARENESS

FUEL YOUR BODY, POWER YOUR MIND



**EAT
SMART**

Choose
balanced
meals



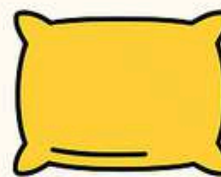
**STAY
HYDRATED**

Drink water
throughout
the day



**KEEP
MOVING**

Get regular
physical
activity



**SLEEP
WELL**

Aim for
8–10 hours
of sleep



**WELLNESS IS THE
KEY TO ACADEMIC
SUCCESS**



LEARN MORE



CLASS SUSPENSION GUIDELINES



Southville International School affiliated with Foreign Universities (SISFU) observes the official suspension of classes as declared by the Local Government Units (LGUs) where our campuses are situated:



When such declarations are made, all face-to-face classes are automatically suspended. The school will then determine whether to shift to online synchronous (VOLT) or asynchronous learning. Kindly wait for further announcements.

Stay safe, and be sure to follow updates through our official communication channels.



ROAD COURTESY AND SAFETY REMINDER



To ensure the safety and convenience of everyone in the SISFU community, we kindly remind all students and parents to observe proper road courtesy within and around our campuses. Your cooperation greatly contributes to a safe, organized, and pleasant environment for all.

Reminders:

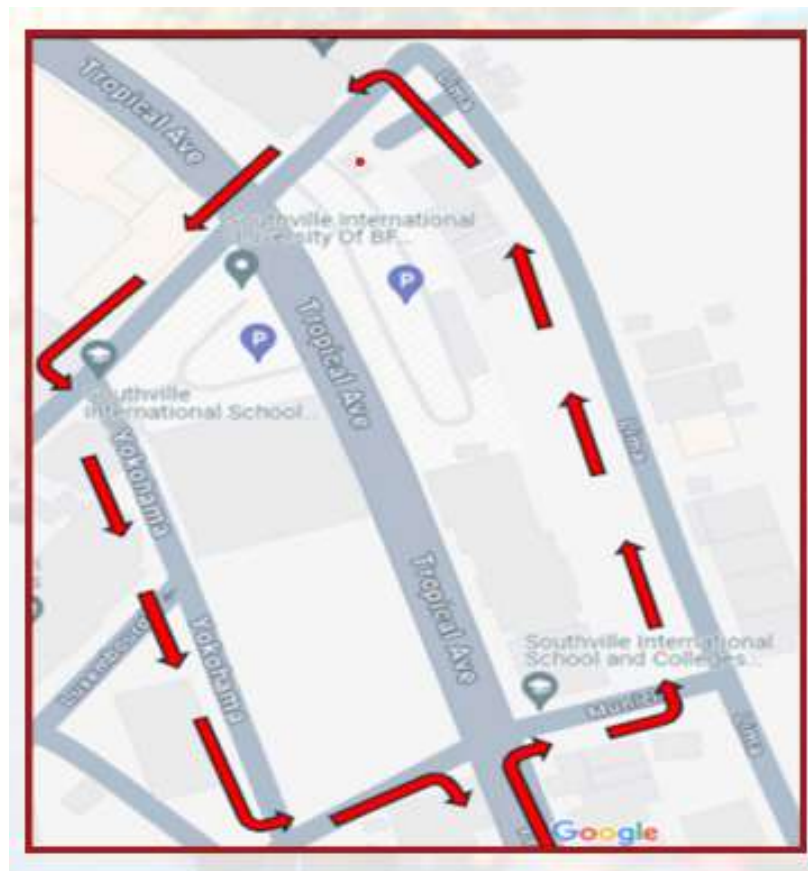
- Follow the designated drop-off and pick-up points.
- Observe traffic rules and the directions of our security personnel.
- Drive at a reduced speed when inside and near the school premises.
- Always give way to pedestrians, especially students crossing the road.
- Avoid double parking or stopping in restricted areas to prevent traffic build-up.
- Practice patience and respect towards fellow motorists, pedestrians, and staff.

"Safety is not just a rule; it's a responsibility. Be a mindful driver."



Traffic Guidelines for SISFU Campus

- Luxembourg, Munich and Lima Parking areas are designated as drop-off, pick-up and waiting zones for drivers. Students are expected to follow this at all times.
- Luxembourg Street is a tow-away zone. For ease in traffic flow and for the safety of your children, drop them off at Luxembourg Parking.
- Students are advised to prepare their things beforehand for a swift 10-second drop off during school arrival.
- Kindly use the furthest stop as much as possible to maximize the drop off area at the designated parking.
- A one-way traffic scheme will be implemented from 7:00 am to 5:00 pm, Mondays thru Saturdays.



DISMISSAL AND EXIT PASS ARRANGEMENTS



The Dismissal Passes have already been released to our students. Parents and guardians are kindly requested to confirm the dismissal arrangements of their children. For confirmation or further assistance, you may reach out to Sir Patrick or Sir Gio.

We would also like to remind everyone of the difference between the Dismissal Pass and the Exit Pass:

 Southville International School affiliated with Foreign Universities Senior High School Programme Dismissal Pass		Control Number
Student Name		
Grade	Section	Strand
Mode of Dismissal:		
<input type="checkbox"/> With Authorized Fetcher	<input type="checkbox"/> Commuter	<input type="checkbox"/> Driving
Issued by	Validity	

◆ **Dismissal Pass** – This pass must be presented to the guards during dismissal time (after classes). It serves as official proof that the student is allowed to leave the campus for the day.

◆ **Exit Pass** – This is a separate form that parents/guardians need to accomplish, indicating their permission for their child to leave the campus only during their official breaks (e.g., lunch break). Students with an Exit Pass may temporarily go out of SISC during these times, but are expected to return to SISFU after the break.

THE SHS SOCIETY CORNER



Scan the QR code to file your **CERTIFICATE OF CANDIDACY**.

1. Accomplish this CERTIFICATE OF CANDIDACY completely.
2. Submit this form not later than 5 PM on or before September 1, 2025.
3. Ensure that all entries are true and correct. Untruthful declarations can be used as grounds for disqualifications.

I hereby declare that:

1. I am a bona fide SHS student of Southville International School affiliated with Foreign Universities (SISFU);
2. I, whose name and other personal details are herein stated, do hereby file this Certificate of Candidacy for the SISFU SHS Society in the election for school year 2025-2026;
3. I further state that I am with good moral character and academic standing; and
4. I shall adhere to all the rules set by the SISFU SHS COMELEC and help ensure a fair and honest election.

**YOUR VOTE
MATTERS**



SOUTHVILLE
GLOBAL EDUCATION NETWORK

AROUND SGEN

TED Ideas worth spreading



Thank you, Southville BS Psychology alumna Ms. Jodi Sta. Maria, for inspiring us to embrace vulnerability, foster genuine connections, and lead with compassion in both our personal and professional lives. Your journey is a powerful testament to the strength of the human spirit and the resilience that comes with staying true to one's values. We are truly proud of your accomplishments and grateful for the inspiration you continue to share with the SGEN community.

THE STUDENT COUNCIL PODCAST



Resharing this inspiring first episode of the Student Council Podcast featuring our very own Hospitality alumna, Rizza Lana!

In this episode, Rizza takes us through her journey of building a purpose-driven skincare brand and emphasizes the importance of ethics and sustainability in today's business world. Her story is a reminder that success is not just about profit, but about creating a positive impact and staying true to one's values.

Give it a listen, be inspired by her passion, and discover how you too can lead with purpose.

[LISTEN NOW](#)



SHS ACADEMIC CALENDAR



Scan the QR code to access the Academic Calendar and stay updated on important dates. Don't miss out on any key events this year!





BE A SISFU PALADIN TODAY!



SOUTHVILLE INTERNATIONAL SCHOOL
AFFILIATED WITH FOREIGN UNIVERSITIES



DE MONTFORT UNIVERSITY
LEICESTER



Pearson
BTEC

Approved Center



ENROLLMENT **STILL ON-GOING!**

UNDERGRADUATE PROGRAMMES

Business. Accounting. Entrepreneurship. Data Analytics.
Business & Hospitality. Entrepreneurship & Culinary.

SENIOR HIGH SCHOOL STRANDS

General Academic Strand
Information and Communications Technology
Accountancy Business and Management



www.sisfu.edu.ph

SCAN TO ENROLL!

SISFU SENIOR HIGH SCHOOL

Where Students Thrive

ACKNOWLEDGEMENT FORM

Please acknowledge that you have received this Students and Parents' Bulletin by clicking the link above.



SENIOR HIGH SCHOOL DEPARTMENT

JOHN GEORGE P. PASTOR
SHS Principal
Allied Programmes Head



JOHN PATRICK JAVIER
SHS Faculty Member
SHS & Allied Programmes Coordinator

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SOUTHVILLE INTERNATIONAL SCHOOL AFFILIATED WITH FOREIGN UNIVERSITIES
UK DEGREES IN THE PHILIPPINES. YOUR GLOBAL FUTURE IS WAITING!
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